

# BEDFORD INTERNATIONAL ATHLETIC STADIUM

BARKERS LANE, BEDFORD, MK41 9SB.



**BEDFORD  
ENGLAND**

4th-6th September

**2026**

## INTERNATIONAL INSTRUCTOR COURSE

GRANDMASTER HECTOR MARANO IX DEGREE • GRANDMASTER UNG KIM LAN IX DEGREE • GRANDMASTER JERZY JEDUT IX DEGREE



Dear Grandmasters, Masters, instructors, and students,

On behalf of the England Taekwon-Do Association, it is with great pleasure and honour that we invite you to attend the **International Instructor Course (IIC)**, to be held in **Bedford, England, from 4th-6th September 2026**.

The IIC is open to all ITF members, 1st-9th degree, and will be conducted by:

- Grandmaster Hector Marano, IX Degree Black Belt from Argentina, Chairperson of the ITF Technical Committee
- Grandmaster Ung Kim Lan, IX Degree Black Belt from Germany, member of the ITF Technical Committee.
- Grandmaster Jerzy Jedut, IX Degree Black Belt from Poland, member of the ITF Technical Committee.

We look forward to welcoming you to this exciting course. If you require any assistance or further information, please do not hesitate to contact us.

Best regards,



Grandmaster Ellis



Grandmaster Denis



# Date and Venue

The International Instructors' Course will be held at Bedford International Athletic Stadium from *Friday 4th September - Sunday 6th September*.

You can find the venue online at [Bedford Athletics Stadium](#). Full address: Bedford Athletics Stadium, Barkers Lane, Bedford, MK41 9SB.

## Parking

There are 115 free car parking spaces available, including 4 disabled spaces.

## Food and refreshment

Light refreshments (including tea, coffee, and snacks) will be available for purchase at the venue throughout the course.

## Lunch Options

You can pre-purchase optional lunch vouchers for Saturday, 5th September. Each voucher costs £12 and includes access to a buffet with a range of hot and cold options. The vouchers can be purchased upon registration.

## Local Amenities

For alternative options, there is a large supermarket just a five-minute drive from the venue.



# Schedule

**FRIDAY 31<sup>ST</sup> JULY 2026**

Registration deadline is Friday 31<sup>st</sup> July. Registration and payment via [registration form](#)

**FRIDAY 4<sup>TH</sup> SEPTEMBER 2026**

**10:00 - 13:00**

Registration at Bedford International Athletic Stadium

**13:30**

All course participants to line up

**14:00 - 18:00**

IIC Part 1

**SATURDAY 5<sup>TH</sup> SEPTEMBER 2026**

**08:00**

Hall opens

**08:30**

Participants line up

**09:00 - 13:00**

IIC Part 2

**13:00 - 14:00**

Lunch

**14:00 - 16:00**

IIC Part 3

**19:00**

Banquet (optional)

**SUNDAY 6<sup>TH</sup> SEPTEMBER 2026**

**08:00**

Hall opens

**08:30**

Participants line up

**09:00 - 13:00**

IIC Part 4

**13:00 - 13:45**

Certificate distribution and photo session



# How to get to Bedford

## BY AIR

The closest major airport to Bedford is **London Luton Airport**, approximately 20 minutes away by car or taxi. Other nearby airports include **London Heathrow** and **London Stansted**, both about an hour's drive from Bedford.

## BY TRAIN

Bedford is well-connected by rail, with direct trains from **London St Pancras International** station taking approximately **40 minutes**. Trains run frequently throughout the day.

From **London Luton Airport**, take the Luton DART shuttle from the airport terminal to Luton Airport Parkway station (about 4 minutes). From **Luton Airport Parkway**, catch a direct train to Bedford, the journey takes around **20–25 minutes**.

## BY CAR

Bedford is about **60 miles (100 km)** north of Central London. Take the **M1 motorway northbound**, then follow signs for Bedford (junctions 13 or 14). The drive typically takes around **1.5 hours**, depending on traffic.

## BY COACH

National Express coaches also operate services between London and Bedford, offering a cost-effective alternative. You can purchase the tickets [here](#).



# Accommodation

A variety of hotels are available in Bedford city centre with convenient access to the venue. We recommend the following options:



## MERCURE HOTEL BEDFORD

**Website:** [Mercure Hotel Bedford](https://www.mercure.com/hotel/mercure-hotel-bedford)

**Address:** 2 St Mary's St, Bedford, MK42 0AR

The Mercure Hotel is a 5-minute drive from the IIC venue and will host our banquet on Saturday, 5 September.

We have reserved 50 rooms (15 doubles and 35 twins), which are available on a first-come, first-served basis.

### FRIDAY 4<sup>TH</sup> SEPTEMBER 2026

Room Type	No. of Rooms	Single Occupancy (£)	Double Occupancy (£)
Double	15	£104	£114
Twin	35	-	£114

### SATURDAY 5<sup>TH</sup> SEPTEMBER

Room Type	No. of Rooms	Single Occupancy (£)	Double Occupancy (£)
Double	15	£85	£95
Twin	35	-	£95



Guests can book directly with the hotel by quoting "**Bedford IIC - TaeKwon-Do**". For reservations or enquiries, please get in touch with [Elisabet.GJINAJ@accor.com](mailto:Elisabet.GJINAJ@accor.com)

### **PREMIER INN BEDFORD (PRIORY MARINA) HOTEL**

Bedford Premier Inn Priory Marina is a 2 minute drive from the venue.



**Address:** Priory Country Park,  
Barkers Ln, Bedford, MK41 9DJ

**Website:** [Premier Inn Priory Marina Bedford](https://www.premierinn.com/hotels/uk/bedford/priory-marina)

## **Banquet**

On Saturday evening (5th September), we will host a banquet at the **Mercure Hotel**.

Please confirm on your IIC booking form if you would like to attend this event.

The banquet will include a **three-course meal** and an opportunity to socialise with your Taekwon-Do colleagues in a warm and welcoming atmosphere.

The dress code for the evening is smart casual.

The cost of the banquet is **£45 per person**. This includes the three-course meal and entertainment; drinks are not included. As places are limited, we recommend booking early to avoid disappointment.



# Registration and Fees

To reserve your place on the IIC please complete the [registration form](#).

## FEES

Rank	Course Fee
1st to 3rd degree	£120 + £65 organisers fee
4th to 6th degree	£160 + £65 organisers fee
7th to 8th degree	£80 + £65 organisers fee
9th degree	£0

All participants **must** also register on the official ITF Online database. This is done through your national organisation. Your organisation should make the registrations via ITF Online as soon as possible.

For detailed instructions on how to make a payment, please refer to the **Payments section** below.



## T-shirt

Official event T-shirts are available for pre-order at a cost of £20. You can select your size and place your order directly when booking your IIC place.

## Payment

All IIC costs, including course fees, organiser fees (£65), banquet fees (£45 - optional), T-Shirts (£20 - optional, pre-order only), are payable in **Pounds Sterling (GBP)**.

All fees **must** be paid at the time of registration through our [registration link](#).

Your place will **only** be confirmed once full payment has been received.

## Cancellations

- The organiser's fee and T-shirt fee are non-refundable under any circumstances.
- 50% of the banquet fee is refundable until **31st July 2026**. After this date, the banquet fee is non-refundable.
- 85% of the IIC course fee is refundable until **31st July 2026**. Please note that **to receive this refund, you must** also deregister with ITF Online.



# Etiquette during the IIC

- All participants must wear a clean and ironed official ITF dobok at all times.
- Before each new session, participants must line up to welcome the instructor(s).
- After each session, participants must remain in place until the instructor(s) have left the venue.
- Participants must act in accordance with the official ITF Protocol.
- Each part of the course has breaks between the lectures.
- Dress Protocol: Official ITF Dobok.
- Participants standing at ease must assume a ready stance with their hands behind their backs at all times.
- Participants sitting on the floor at ease must keep their legs crossed at all times.
- Participants who wish to ask a question must stand up and assume a ready stance with their hands behind their backs.
- Before asking a question, participants must first state their name and country.



# Promotional Test During the IIC

All candidates for a degree test during the IIC should respect all of the following protocols:

- Submit the thesis, curriculum vitae, and application form through your National/Allied Association to the ITF HQ at least **three (3) months** prior to the promotion date, with a copy sent to the Chairperson of the ITF Technical Committee.
- Express your intention to grade to the IIC organisers by sending an email to [secretary@england-tkd.co.uk](mailto:secretary@england-tkd.co.uk)
- Pay the examiner's grading fee (in cash) one hour before the grading.
- Bring **5 wooden boards** measuring 30x30x2 cm (only up to the 6th degree).

## More information

Please note that only the official photographer of the event will be permitted to take pictures. No photos or videos of the course can be published without the consent of the technical committee.

If you have any questions, please don't hesitate to contact us via email [secretary@england-tkd.co.uk](mailto:secretary@england-tkd.co.uk).

