



Czech National Taekwon-Do Union ITF
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EXCLUSIVE INTERNATIONAL SPARRING SEMINAR WITH MASTER JOHANN DE SILVA IN OLOMOUC!

***Want to take your sparring to a master level?
Learn from one of the best in the world!***

The Czech National Taekwon-Do ITF Union and the Taekwon-Do SKUP Olomouc Academy would like to invite you to an exclusive International seminar focused on SPARRING, led by the legendary Master Johann De Silva (VII. Dan) from England.

Date: **March 14, 2026**

Venue: **Sports Hall of the Polytechnic Secondary School,
Rooseveltova 472/79, Olomouc**



WHO IS MASTER JOHANN DE SILVA?

A renowned expert and former head coach of the English national team with extensive international experience since 2006. As a multiple World Champion, he has led seminars around the world, from Argentina to India. He currently serves as Technical Director of ITF England. His methods have been proven successful at the highest level:

- Unified ITF World Championships 2015: 2x silver (Tull)
- Unified ITF World Championships 2013: Gold (Tull)
- ITF World Championships 2007: Bronze (Team Breaking)
- ITF European Championships 2006: Bronze (Team Breaking and Sparring)

WHAT YOU WILL LEARN AT THE SEMINAR?

The training blocks focus on the latest teaching methods and sports sparring practice. You will improve your skills in:

- Top sparring combinations
- Working with distance and timing in pairs
- Fighting tactics and strategy
- Practical exercises for maximum performance





WHO IS THE SEMINAR FOR?

For all children and adults aged 9 and above with a technical level of 9th kup and higher who want to move up to the next level.

Bring with you: Dobok, complete protective gear, and targets.

TIME SCHEDULE

9:00 - 9:30 a.m.: Registration
9:40 a.m.: Opening
9:45 - 11:15 a.m.: First training session
11:30 - 01:00 p.m.: Second training session
01:15 - 02:30 p.m.: Lunch break
02:30 - 03:15 p.m.: Photo session
03:30 - 05:00 p.m.: Third training session

REGISTRATION AND PRICE (DON'T DELAY, SPACES ARE LIMITED!)

Secure your place at the best price by registering and paying early!

SEMINAR PRICE (see P.S.)

- registration before December 31, 2025: **Only €40** / CZK 1,000
- registration before January 31, 2026: **€50** / CZK 1,250
- registration before March 8, 2026: **€60** / CZK 1,500

The condition for granting a preferential price is not only timely registration, but also timely payment of the fee according to the issued invoice.

Cash payment on site on the day of the event: CZK 1,750 (€70).

Vyplněnou přihlášku zašlete na e-mail: registrace@taekwondocz.com

FURTHER INFORMATION

Meals: Lunch (including vegetarian options) can be ordered directly during registration.

Lunch price: €10 (CZK 250).

Please send your lunch orders to: akademie.tkd.cz@gmail.com

Responsibility: All participants must have valid personal accident insurance.

We look forward to seeing you at this unique sporting event!

If you have any questions, please contact the CNUT secretary: sekretar@taekwondocz.com





P.S. Important notice regarding payment and applying discounts

The condition for granting a discounted price is not only timely registration, but also timely payment of the fee according to the invoice due date.

****The procedure is as follows:****

1. The club registers via email.
2. Based on the registration, the club will be contacted by the secretariat and, as agreed, an invoice with a 7-day due date will be issued.
3. To qualify for the discount, the invoice must be paid in full before the due date.

Example: For an application submitted in December 2025, an invoice will be issued with a 7-day due date. If this invoice is not paid by the due date, the discount will be forfeited and the fee will be adjusted according to the current price.

Thank you for your understanding.

