

10th ITF TAEKWON-DO WORLD CUP 2026

Benidorm, Spain

September 28 - October 3, 2026

GENERAL INFORMATION

ORGANIZING COMMITTEE:

- Taekwon-Do ITF España
- Chairperson: Master Paco Ferrando

CONTACT INFORMATION:

Email: infoITFWC2026@taekwondoitf.es

Official website:

<https://worldcup2026.taekwondoitf.es/>

Instagram:

https://www.instagram.com/itfworldcup_benidorm2026/

ITF Facebook: <https://www.facebook.com/profile.php?id=100046959553349>

ITF Instagram: <https://www.instagram.com/itftaekwondofederation/>

ITF website: <https://itftkd.sport/>

COMPETITION VENUE

SEPTEMBER 28TH TO 4TH OCTOBER 2026

This is particularly important for large-scale events like prior ITF Taekwon-Do World Championships

The ITF Taekwon-Do World Cup will take place in Palau d'Esports l'Illa de Benidorm in Benidorm, Alicante, Spain. The venue is located at Partida Salto del Agua, 03502 in Benidorm. It features multiple entrances, ensuring smooth access for the audience as well as the competitors and coaches. This is particularly important for large-scale events like the ITF Taekwon-Do World Cup 2026.

Stay tuned to the schedules and the detailed event program to make the most of this outstanding international competition.

Palau d'Esports l'Illa de Benidorm

Partida Salto del Agua, 03502 Benidorm

<https://maps.app.goo.gl/hp7jLg6oPcDaqT3o8>

GETTING TO BENIDORM

Airports and Transportation options

Here are the recommended airports and their respective travel times to Benidorm:

Alicante Airport (ALC)

Located just 59 km from Benidorm, this is the most convenient airport.

- By car/taxi: approx. 41 minutes
- By bus: approx. 45 minutes

Valencia Airport (VLC)

Situated 146 km away, this airport offers a good alternative.

- By car: approx. 1 hour 31 minutes
- By bus: approx. 2 hours 27 minutes

Murcia International Airport (RMU)

Located 148 km from Benidorm; this option requires a bit more planning.

- By car: approx. 1 hour 45 minutes
- By public transport: around 3 hours 50 minutes (involving 2–3 bus transfers)

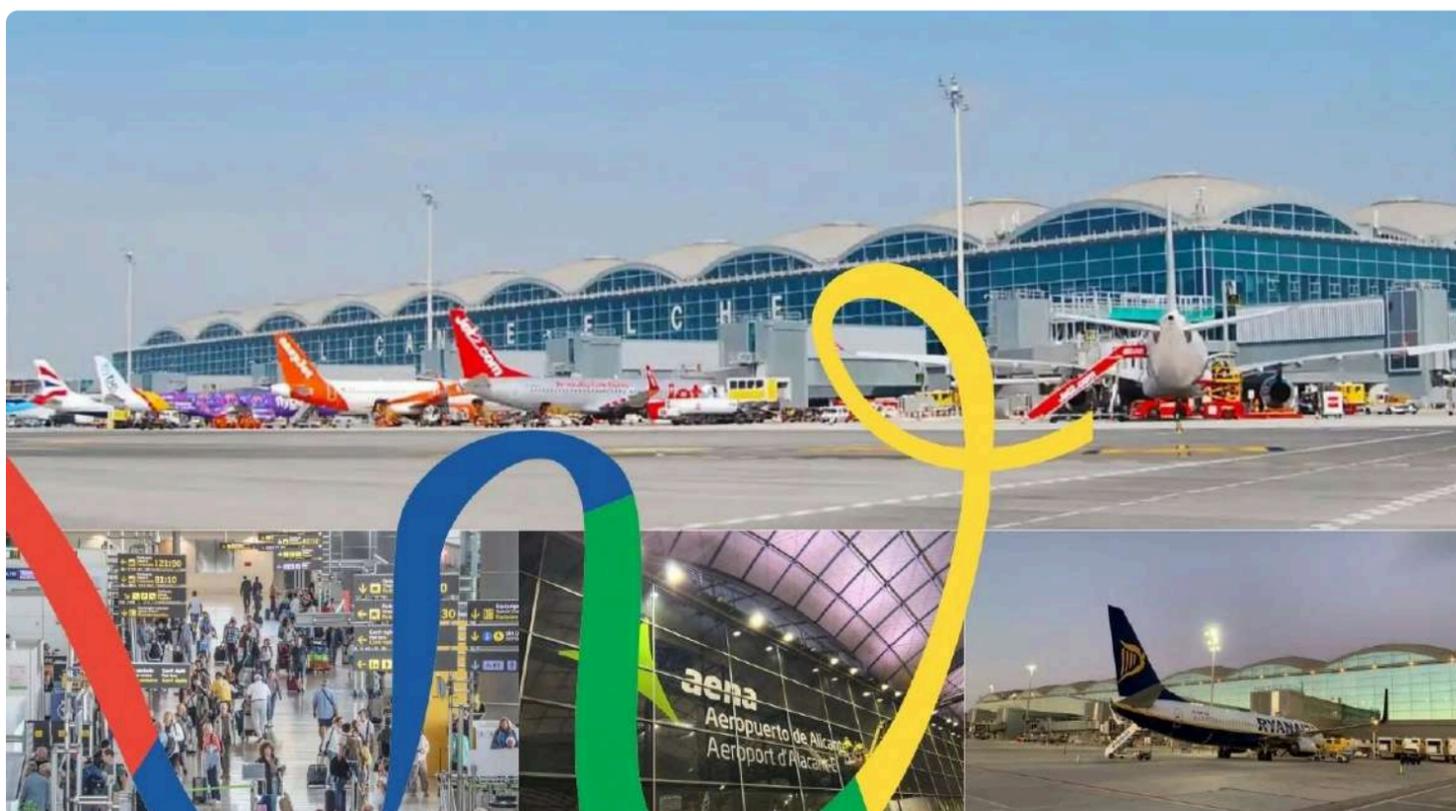
Madrid-Barajas Airport (MAD)

A longer-distance option: 462 km from Benidorm.

- By car: approx. 4 hours 8 minutes
- By train and bus: approx. 4 hours 18 minutes

Teams can find more information about the airports by visiting www.aena.es.

For any additional information regarding transportation details or prices, please contact our partner Beniconnect at info@beniconnect.com.



WORLD CUP 2026 EVENT SCHEDULE

Below is the detailed schedule for the 10th ITF Taekwon-Do World Cup 2026. Please note the specific times and locations for accreditation, meetings, and competition days.

| | |
|----------------------------------|--|
| 14:00 – 19:00 | SATURDAY 26 & SUNDAY 27 SEPTEMBER 2026 Final arrivals/Accreditation/Payments at the meeting point. |
| 08:30 – 08:45 | MONDAY, SEPTEMBER 28, 2026 PRESS MEETING |
| 08.45 – 10.15 | MONDAY, SEPTEMBER 28, 2026 COACH MEETING |
| 10:30 | MONDAY, SEPTEMBER 28, 2026 VERIFICATION & WEIGH-IN: will take place according to the schedule, which will be published by the ITF after registration. All competitors, whether registered for sparring or not, are required to be present during the verification and weighing process. |
| 10:30 – 13:00 / 14:30 – 16:00 | MONDAY, SEPTEMBER 28, 2026 UMPIRE MEETING |
| 17:00 – 20:00 | MONDAY, SEPTEMBER 28, 2026 ITF CONGRESS |
| 09:00 | TUESDAY, SEPTEMBER 29, 2026 OPENING CEREMONY |
| 10:00 approx. | TUESDAY, SEPTEMBER 29, 2026 COMPETITION: including lunch break & Awards ceremony |
| 09:00 | WEDNESDAY, SEPTEMBER 30, 2026 COMPETITION: including lunch break & Awards ceremony |
| 09:00 | THURSDAY, OCTOBER 1, 2026 COMPETITION: including lunch break & Awards ceremony |
| 09:00 | FRIDAY, OCTOBER 2, 2026 COMPETITION: including lunch break & Awards ceremony |
| 09:00 | SATURDAY, OCTOBER 3, 2026 COMPETITION: including lunch break & Awards ceremony GALA CLOSING CEREMONY: after the last Awards ceremony AFTER PARTY |
| 21:00 | |
| | SUNDAY, OCTOBER 4, 2026 Departures or stay for holidays |

Further detailed schedules, including specific competition times, will be published by the ITF after registration.

ONLINE REGISTRATION

All participants – including competitors, coaches, officials, and supporters – are required to complete their registration via Sportdata, managed by the International Taekwon-Do Federation through ITF-Online (data.itftkd.sport).

The registration must be done by each club or organization and will be open from **January 2, 2026** (1:00 UTC) to **August 27, 2026** (21:59 UTC).

Club registration cannot be done directly with Sportdata. Clubs can only access the Sportdata World Cup registration via ITF-Online. Each club should request ITF-Online (data.itftkd.sport) access from their NA.

After the deadline, no registrations or changes will be allowed.

All non-competitors (e.g. supporters, coaches, VIPs) must be registered for the World Cup event to ensure a fully engaged and well-coordinated participation experience for all.

- ❏ NOTE: Please ensure that registration is completed within the designated period. Late registrations, changes, or withdrawals will not be accepted.

VERIFICATION & WEIGH-IN

About one week before the competition, the schedule for the verification & weigh-in will be published.

All Pre-Junior, Junior, Adult, Senior and Veteran competitors must attend the verification and weigh-in on **Monday September 28, 2026** at Palau d'Esports l'Illa de Benidorm, at a time to be determined.

All competitors must be present at the Verification and Weigh-in regardless of the discipline in which they compete.

REQUIRED FOR VERIFICATION

At this time, they must present:

1. Their identification document (national ID or passport)
2. World Championship 2026 official ID cards
3. Declaration of consent and data protection

WEIGH-IN ATTIRE

Competitors must attend the weigh-in wearing ITF-approved dobok pants and a T-shirt.

WEIGH-IN ATTEMPTS

Competitors who do not make weight on the first attempt will have 1 hour for a second and final attempt.

- ❏ If they do not make weight on the second attempt, they will be eliminated from the sparring competition category without the possibility of moving to another category. (see "Official ITF Rules of Competition").



COMPETITION RULES & DIVISIONS

Understanding the guidelines and categories is crucial for all participants.



COMPETITION RULES

The updated Official ITF Competition Rules, policies and regulations can be found online at <https://itftkd.sport/rules/>.

DIVISIONS AND CATEGORIES

The divisions and categories for the 2026 ITF Taekwon-Do World Cup are those listed in the competition rules available online: <https://itftkd.sport/rules/>.

COMPETITOR CATEGORIES BY AGE

| | | |
|--|----------------|------|
| Pre-Junior (12-14 years, 4th Gup to 3rd Dan) | 2011 | 2013 |
| Junior (15-17 years, 4th Gup to 3rd Dan) | 2008 | 2010 |
| Adult (18-35 years, 4th Gup to 6th Dan) | 1990 | 2007 |
| Senior (36-45 years, 4th Gup to 6th Dan) | 1980 | 1989 |
| Veteran (46+ years, 4th Gup to 6th Dan) | 1979 or before | |

DIVISION OF COMPETITION:

- Pattern Divisions
- Sparring Divisions
- Power Breaking Divisions
- Special Technique Divisions
- Pre-Arranged Sparring Divisions

CLOTHING & PROTECTION GEAR

All competitors must use official and approved protective gear and clothing, as indicated in the ITF regulations and the brands and models endorsed by the Federation. You can consult it in the regulations and the ITF website, <https://itftkd.sport/official-equipment/>.

(Appendixes 2 and 8 of the regulations).



- ❑ All sparring competitors must have full protection, head gear, hand and feet safety equipment all in red and blue color, depending on the draw.

ENTRY FEES

Please note that the entry fees are expressed in US Dollars \$.

| | |
|-------------------|--|
| INDIVIDUAL | US\$170 per competitor |
| TEAM | US\$170 per team |
| TEAM PRE-ARRANGED | US\$170 per pre-arranged team |
| COACH | US\$ 60 per coach |
| PHOTOGRAPHER | US\$ 200 per photographer (maximum 1 per club) |

Note: Limited passes available for photographers.

All participants from non-ITF clubs who wish to participate in the competition will be required to pay the entry fee of 200\$ to receive the corresponding credential.

All competitors registered as a member of a team category (including Team Pre-Arranged Sparring) must also be registered in an individual category. If they do not intend to compete in an individual category, they must register in the "00000 Competitors who only compete as member of a team" category and pay the individual entry fee.

ACCREDITATION FEE

The accreditation fee for competitors, coaches, supporters, VIPs at national level, and photographers at national level are US\$ 170,00. Those who book their accommodation through the organizer have already paid the accreditation fee with their booking and no longer have to pay it.

REGISTRATION PAYMENT

Registration fees can be paid via bank transfer to the bank account below or via credit card.



All registration fees for competitors, teams and coaches must be paid by **August 27, 2026**, to the bank account of the organizing committee you can find below:

BANK INFORMATION

BANK NAME: Banco Sabadell

ADDRESS: Oficina 7314 - Plaza Pio XII, Alicante, Spain

ACCOUNT HOLDER INFORMATION

BENEFICIARY: FEDERACION ESPAÑOLA DE TAEKWONDO

ADDRESS: Pabellón Muixara, Ciudad Deportiva Camilo Cano Partida Muixara S/N, 03530, La Nucía, Alicante, Spain

BANK ACCOUNT NO. (IBAN): ES42 0081 7314 4300 7040 0352

SWIFT/BIC CODE: BSAB ESBB

NOTE: It is mandatory to send proof of deposit/transfer (indicating name, origin, and amount of the deposit) to this e-mail address: infoITFWC2026@taekwondoitf.es

UMPIRES

The Organizing Committee will cover the hotel accommodation including full board (excluding drinks) from September 27 to October 4, 2026, for a maximum of 100 selected umpires. Umpires will be accommodated in double rooms. Those who wish to have a single room must pay the difference in price.

Other registered umpires who want to participate must pay for their hotel accommodation. For any questions, please contact the official partner Beniconnect.

Mandatory Umpire Meeting

All registered umpires must attend the Umpire meeting on **September 28, 2026** in Palau d'Esports l'Illa de Benidorm.

Dress Code & Attendance Policy

All umpires must be officially dressed as specified in the ITF rules. Registered umpires not present at the Umpire meeting on September 28th will be removed from the list of umpires, and all costs incurred will have to be paid.

Countries selecting or nominating umpires are invited to submit the umpire application form to the Organizing Committee.



Umpire registration and selection process

01

Step one

All umpires are required to complete their registration via Sportdata, managed by the International Taekwon-Do Federation through ITF-Online (data.itftkd.sport), in the category "Umpire in Request" or IT-Umpire in Request".

Registration must be completed by **March 17th, 2026**, at the latest.

Note: Sportdata request from ITF-Online umpires name, photo, degree and email address.

03

Step three

The Umpire Committee will select the Umpires and inform them by **April 5, 2026**.

The selected umpires will be moved to the category "Umpires - selected but not yet confirmed."

The Umpires must confirm their participation by **April 12, 2026**. Umpires who wish to stay in a double room with their own accompanying person (105 € per person per day half-board) or in a single room can request this for an extra charge (40 € per person per day).

For any additional questions regarding umpire registration, you can contact the ITF Umpire Committee by email: tuic@itftkd.sport

02

Step two

The NA (or AA in case the NA is not available) will receive an email with the names of the referees from their country. This list must be completed and returned within one week.

04

Step four

Umpires who have confirmed their participation by email will be moved to the category "Umpires".

Then, the list of selected Umpires to the Organizing Committee by the ITF Umpire Committee.

COACH

There will be an online coach meeting on **September 19, 2026**, at 19:00 UTC under the link <https://teams.live.com/join/9359038544936?p=DwVVm6NxmWDVgWyl6A> and an in-person meeting on **Monday, September 28, 2026** at 8:45 local time.

The coaches are responsible for all their competitors, whether they are competing on the tatami or not. Competitors found in the competition area when they are not called for their competition categories will have their ID card withdrawn.

FREE TRANSPORTATION DURING COMPETITION DAYS

For teams staying in hotels more than 3 km away from the venue, free transport to and from the competition venue after the competition is included in the price. Additionally, Benidorm City Council will provide free public transportation within the city during the competition days. To use this service, participants must present their Event Hotel ID card and scan the associated code.

❏ Please note that the transportation benefits do not apply to teams that do not make their hotel reservations through the Beniconnect agency.

MEDIA AND OFFICIALS PRESS AND PHOTOGRAPHY

Please note:

- All press members must also be registered in Sportdata.
- A registration fee of \$200 applies per photographer.
- Each club may register a maximum of 1 photographer (limited pass available).

❏ NOTE: Early application is recommended due to limited availability. Priority will be given to photographers from the Organizing Committee.



ANTI-DOPING COMMISSION

The AntiDoping commission will be present at the 2026 World Championships and may carry out doping controls.



VISA

If you need a visa, you should contact the Embassy or Consulate of Spain in your country. Please contact the Organizing Committee for any inquiries. To easily check which countries require a visa and which do not, visit the website of the Ministry of Foreign Affairs of Spain <https://www.exteriores.gob.es/>.

The Organizing Committee can send an invitation letter to participating teams that require a visa for Spain, but only upon previous request from the participating teams. They must submit an application, along with copies of the passports of all applicants, a completed Visa application form (Appendix 1), and confirmation of payment of 50% of the hotel accommodation amount by **April 10, 2026**. The VISA applications should be sent via email to the Organizing Committee:

infoITFWC2026@taekwondoitf.es

CURRENCY (€)

The currency used in Spain is the euro. We advise you to exchange money before coming to the Championships. It is also possible to exchange money at any ATMs in the area.

INSURANCE

The Organizing Committee of the 2026 World Championships will not be held financially or morally responsible for any injuries that may occur during the competition.

To ensure adequate protection, it is strongly recommended that all participants are fully insured for the entire duration of their trip. This coverage should be arranged through their respective national federations.

LIABILITY IN UNFORESEEN CIRCUMSTANCES

The ITF World Cup 2026 Organizing Committee does not take responsibility for any damage caused by delays or cancellations of flights or any other unforeseen events.

Therefore, payments made in advance for accommodation and registrations will not be refunded. We suggest arranging complete cancellation risk insurance with your travel agency to cover any unforeseen circumstances.

AFTER PARTY

The World Championship After Party for the competitors will take place at the PENELOPE Disco!! on **October 3, 2026**. Entry is free for all participants over the age of 16 that present their event ID cards.

The official after party will be held at the same venue for adults and juniors. No alcoholic beverages will be sold to junior competitors. Participants over the age of 18 may be asked to show a valid identification document (passport, driver's license, or national ID card) before buying any alcoholic drinks.

We look forward to celebrating together in a fun and safe environment for all!



IMPORTANT DATES

| | |
|--|--|
| JANUARY 2nd: | Online registration opens |
| FEBRUARY 28th: | Deadline to submit Appendix 2 (Preliminary hotel & transportation form) |
| MARCH 10th: | Deadline to register as umpire. Registration via Sportdata, through ITF-Online (data.itfkd.sport) Submit the Accommodation application form (Appendix 4) and pay 30% deposit of the total amount. |
| APRIL 5th: | The ITF Umpire Committee confirms the list of selected Umpires. |
| APRIL 10th: | NEW ACCOMMODATION DEADLINE Submit the Accommodation application form (Appendix 4) and pay 30% deposit of the total amount. Last day to request a VISA + send Visa Application form (Appendix 1) |
| APRIL 12th: | Last day for Umpires to confirm their participation |
| AUGUST 10th: | Final day to pay the Accommodation balance (70% of total amount). |
| AUGUST 27th: | Final day to pay the registration fees for competitors, teams, and coaches. Online registration closes |
| SEPTEMBER 19th: | Online Coach meeting at 19:00 UTC under the link https://teams.live.com/meet/9359038544936?p=DwVVm6NxmWDVgWyl6A |
| SEPTEMBER 26th (or before): | Early arrivals of participants |
| SEPTEMBER 27th: | Last day of arrivals |
| SEPTEMBER 28th: | Verification & Weigh-in; Umpire, Coach, Press meeting, ITF Congress. |
| SEPTEMBER 29th – OCTOBER 3rd (both included): | Competition days |
| OCTOBER 4th | Departure or stay for a holiday |

DECLARATION OF CONSENT AND DATA PROTECTION

10th ITF TAEKWON-DO WORLD CUP – 28th OF SEPTEMBER – 3rd OF OCTOBER 2026 - IN BENIDORM, SPAIN

I, _____

Living in, _____,
wish to confirm the following declarations to confirm my eligibility to travel and participate at an ITF International Competition.

1. **General Health:** I declare that I am in good health and free from any infectious diseases.
2. **Declaration of Fitness to Participate:** I have an ITF Approved Competition Medical Certificate signed by a qualified medical professional.
3. **Medical Provision.** I can confirm that I have sufficient accident and health insurance to cover all costs, even for martial arts events, regardless of whether at home or abroad.
4. **Organisational Liability:** I further declare my unrestricted agreement to participate in the above event as a competitor. I acknowledge that the organizer and the host do not assume any liability for personal injury, property damage and/or material damage of any kind.
5. **Visual Media:** I also agree that all photos and videos taken during this championship may be used by the ITF, as well as from countries participating in the championships, for the purpose of reproduction on their websites or social media, as well as for distribution to the press for publication.

Note on data processing:

I am aware that in order for the tournament to take place, personal data must be passed on to Sportdata Event Technology, where it must be stored, archived and published on the Internet.

Declaration on data protection:

I agree without restriction that my first and last name, my date of birth, my passport photo, my gender, my Taekwon-Do graduation and my weight may be transmitted to Sportdata Event Technology (<https://www.sportdata.org>) and stored, published and later archived for the purpose of the above event.

I also agree without restriction that all entry lists, competition lists and result lists of the above mentioned event on which my name (first and last name) is written, will be published on the website of Sportdata Event Technology (<https://www.sportdata.org>) and the ITF website (<https://itftkd.sport/>).

Declaration and undertaking on avoiding any Political Statements and Actions

I undertake that I will distance myself in all respects from any political statements or actions.

For the purpose of this undertaking, I confirm my understanding and acknowledgement that the term "Political Statements or Actions" mean:

Any statement or action during the days of the WC, starting from the moment of my arrival to the country where the competition will take place and until my departure from the same country, either inside or outside the site of the competition, at the hotels, any public areas as well as in the transportation, airports etc. This also includes refraining from making any public statements or engaging or publishing on social media or on any other channel exposed to the public.

I acknowledge my understanding that the above declaration of mine and my abiding by these declarations is a pre-condition to my inclusion to the WC event and that in case of non-compliance may lead to the initiation of disciplinary procedures that might result in my immediate expulsion from the competition without derogating from any other disciplinary proceedings that the ITF may take against me.

Place

Date

Signature

For minors additionally required:

As the legal guardian of the above minor, I confirm that I have read the declaration and declare my unrestricted agreement with it.

Name/s of parent/s or guardian/s

Signature/s of parent/s or guardian/s

*NOTE: This declaration of consent and data protection is mandatory for each participant.
To be handed in at the verification and weigh-in for the competition described above.*

Form A.

Medical Fitness Certificate



PERSONAL DATA

| Surname(s) | Name | ITF ID |
|------------|------|--------|
| | | |

MEDICAL TESTS PERFORMED (mark the tests performed)

- Cardio-respiratory examination.
- Musculoskeletal examination.
- Electrocardiogram (mandatory if 16 years and older).
- Stress test (mandatory if 36 years and older).

I CERTIFY THAT THE ABOVE PERSON – AS OF DATE – **DOES NOT PRESENT CONTRAINDICATIONS TO CARRY OUT PHYSICAL AND SPORTS ACTIVITY AT A COMPETITIVE AND/OR HIGH PERFORMANCE LEVEL** ACCORDING TO THEIR AGE, **BEING IN SUITABLE HEALTH CONDITIONS TO PRACTICE AND TO COMPETE IN TAEKWON-DO.**

This certificate is valid until (one year max.):

_____ Date (dd/mm/yyyy)

/ /
ISSUE DATE

Signature and stamp of qualified Medical Doctor of
the same country of residence of the Athlete.

Form B

Medical Background



PERSONAL DATA

| | | |
|-------------|------|--------|
| Surname(s) | Name | |
| | | |
| Nationality | Age | ITF ID |
| | | |

MEDICAL TESTS PERFORMED (mark the tests performed)

- Cardio-respiratory examination.
- Musculoskeletal examination.
- Electrocardiogram (mandatory if 16 years and older).
- Stress test (mandatory if 36 years and older).

PERSONAL BACKGROUND

Cardiovascular:

Respiratory:

Neurological:

Musculoskeletal:

Ophthalmological:

Allergies:

Surgeries:

Hypertension Diabetes Asthma Seizures Concussion

Medication:

/ /
ISSUE DATE

.....
Signature of athlete, or guardian if under 18 years of age.

This form must be kept in your possession, and should only be given to medical personnel.