

# ROMA GLADIATOR OPEN

**ROME, ITALY**  
**MARCH 22, 2026**

SPORT STADIUM PALATORRINO, VIA FIUME GIALLO 47 (ZONA EUR TORRINO), ROME



## Invitation

September 1<sup>st</sup>, 2025

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Dear ITF members,

This is to invite you to participate in the **ROMA GLADIATOR OPEN Championship** in collaboration with main sponsor TOP TEN SPORTS ITALIA to be held in Rome, Italy, organized by A.S.D. Sparta Pugilato, in cooperation with the Bos Academy team, associated to the Italian Taekwon-Do Federation and AICS (Associazione Italiana Cultura Sport).

### **ROMA GLADIATOR OPEN**



### **CHAMPIONSHIP**

**ROME, ITALY – Sunday, March 22, 2026**  
**Sports Hall PALATORRINO, Via Fiume Giallo 47**

According to the following program:

**hrs. 09.00-13.00 Chicks, Dragons and Kids/Individual and Team Pattern Competition.**

**hrs.13.00-20.00 hrs. Pre-Junior, Junior and Senior / Individual competition and Junior/Senior Team Sparring Competition.**

Please receive all the necessary information to attend the 2026 ROMA GLADIATOR OPEN event.

We are looking forward to meeting you in beautiful Rome.

*On behalf of A.S.D. Sparta Pugilato Organization Team*  
*Chairman GM Wim Bos*

## Information

### Date and Place

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The event will be held on March 22, 2026, in the  
***Sports Hall PALATORRINO, Via Fiume Giallo 47, Roma***

### How to get to the Sports Hall

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The Sports hall can be easily reached in 30 minutes from the center of Rome.

- **From TERMINI Railway Station** (Rome city center):

#### by TAXI

(Note: take a regular white taxi) 36 min (15.5 Km) / 26 min without traffic

<https://goo.gl/maps/fHBazeUJqhQ2>

#### by **PUBLIC TRANSPORT**:

Metro B-B1 (dest. Laurentina), get off at Eur Palasport and take bus 777 to Palatorrino (tot. 50 min.)

- **From Leonardo da Vinci – Fiumicino International Airport:**

by TAXI (Note: take a regular white taxi) 17 min (19.5 km)

<https://goo.gl/maps/AC9zLvcTR1w>

by **PUBLIC TRANSPORT**: 1 h 20 min, not advisable due to three interchanges

- **From Ciampino Airport:**

by TAXI (Note: take a regular white taxi) 25 min (19 km)  
without traffic

<https://maps.app.goo.gl/wVbWAYnPqcv7QNMu6>

Click [HERE](#) to plan your journey in Rome

Sponsors:

[Top Ten Sports Italia](#)

[NI-KKO Sport](#)

[TKD Tekkers](#)





## Accommodation

Participants may find their own accommodation around the sports hall area:

- [Sheraton Parco de' Medici Rome Hotel](#)
- [Holiday Inn Rome - Eur Parco Dei Medici](#)
- [Rome Marriott Park Hotel](#)
- [Novotel Roma Eur](#)

In addition, many B&B are available around the venue (EUR TORRINO area).

## The Sports Hall PALATORRINO

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The Sports Hall [PALATORRINO](#), located in Via Fiume Giallo, 47, 00144 Rome (Zona Eur Torrino), hosts many national martial arts events.



## Competition

Participation in the **ROMA GLADIATOR OPEN** Championship of clubs or members of other organizations is subject to the favorable opinion of the FITAE-ITF Board of Directors.

### **Competitors must be in possession and accept the following to participate:**

1. Dobok.
2. Chicks, Dragons and Kids **might** wear an optional face mask protection during sparring. **Punches and kicks to the face are allowed.**
3. Pattern competition – athletes compete one against one simultaneously.
4. Each bout consists of one pattern only.
5. There must be at least two (2) competitors in any division and/or category.
6. In the case of only one (1) competitor, he/she will be moved to a different category.
7. At registration weight/height measuring **ALL** Competitors must wear dobok trousers and a T or polo shirt.
8. Competitors **NOT** making the correct weight/height may be moved to a different category with an extra penalty fee of € 25,00.
9. For other matters, the ITF competition rules will be observed.
10. Medals will be given to the 1st, 2nd and one 3rd place winner.

## Age Divisions

- Chicks (born in the year 2018-2019-2020)
- Dragons (born in the year 2016-2017)
- Kids (born in the year 2014-2015)
- Pre-Junior (born in the year 2011-2012-2013)
- Junior (born in the year 2008-2009-2010)
- Seniors (born in the year from 1991 to 2007)

## Registration / Payments/Draws

Registration for this competition is exclusively through [www.handlesport.com](http://www.handlesport.com)

Closing of the online registration: **Tuesday March 17<sup>th</sup>, 2026, at 23.00 hrs.**

**Payments** – In cash at arrivals registration desk.

## Draws

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- Draws will be issued before March 20<sup>th</sup> , 2026, on [www.handlesport.com](http://www.handlesport.com)
  - Club managers and instructors are responsible for ensuring the accurate online registration of their athletes. **Please double-check your registration lists carefully!**

## Competition Entry Fees

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Individual: € 40 - Pattern Team: € 40 - Sparring Team € 75

**2<sup>nd</sup> Extra Individual higher sparring category + € 30** (only Pre-Junior, Junior and/or Senior)



## Umpires

Any School/Club/Gym must participate with **at least one (1) Umpire** no matter the number of participants.

School/Club/Gyms that **do not** participate with the requested Umpire shall pay - **with no exception** - the amount of **75 €** for the missing Umpire.

- Umpire outfit: dark blue (or black) pants, dark blue jacket, tie, white shirt and white shoes.
- Umpires will be provided with drinks, lunch and snacks. Please let us know a.s.a.p. any food restriction or allergy.
- Umpires shall receive compensation based on the role played during the event.
- Any Umpire wishing to officiate must make the inscription together with their team on the platform [www.handlesport.com](http://www.handlesport.com) **on or before March 17<sup>th</sup>, 2026.**

## Coach outfit

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Tracksuit, sport shoes, towel.

## Height & Weigh In

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The Height & Weigh In will take place at the



**Sports Hall PALATORRINO, Via Fiume Giallo 47, Roma**

<b>Saturday</b>	<b>21/03/2026 - 18.00 - 20.00</b>	<b>All groups/All ages</b>
<b>Sunday</b>	<b>22/03/2026 – 07.30 – 08.30</b>	<b>ONLY 6-11 Years old</b>
<b>Sunday</b>	<b>22/03/2026 – 11.00 – 12.30</b>	<b>ONLY Pre-junior /Junior/Senior</b>

**PLEASE NOTE:** To optimize the event organization, we strongly recommend registering and weighing in **ON SATURDAY** (from 18.00 to 21.00 hrs.) **open to all groups/ages**

## Sparring Equipment

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- Hand and foot gear (color is not important).
- **Red and Blue Head** gear depending on the draw.
- **Transparent face mask OPTIONAL only for Chicks, Dragons and Kids\***
- Transparent mouth guard.
- Groin guard (worn inside the dobok trousers).



\* Optional face mask - EXAMPLE



# Competition Program

07.30	Opening of the Sports Hall
08.30	Umpire gathering
08.45	Opening speech
09.00-13.00	Chicks, Dragons and Kids - All Belts Individual and Team competition
13.00-20.00	Pre-Junior, Junior, Senior – All Belts Individual competition and Team competition.

## Chicks, Dragons and Kids (6-11 years) Individual and Team Pattern / Individual Sparring

### Individual Pattern

- **Chicks** mixed division Male/Female
- **Dragons** mixed division Male/Female
- **Kids** mixed division Male/Female

White belts/ White belt superior	Competitor free choice		Chon-Ji		
Yellow belt/Yellow superior	Competitor free choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor free choice	from	Chon-Ji	to	Yul-Gok
Blue belt /Blu superior.	Competitor free choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior.	Competitor free choice	from	Chon-Ji	to	Choong-Moo

### Male Sparring Chicks - born in the year 2018-2019-2020

<b>Groups</b> <ul style="list-style-type: none"> <li>• <u>Group 1</u></li> <li>• white, yellow and green belts</li> <li>• <u>Group 2</u></li> <li>• blue and red belts</li> </ul>	<b>Height Classes</b> <ul style="list-style-type: none"> <li>• -125 cm / + 125 cm</li> </ul>	<b>Duration of round:</b> 1 x 1.30 minutes
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### Female Sparring Chicks - born in the year 2018-2019-2020

<b>Groups</b> <ul style="list-style-type: none"> <li>• <u>Group 1</u></li> <li>• white, yellow and green belts</li> <li>• <u>Group 2</u></li> <li>• blue and red belts</li> </ul>	<b>Height Classes</b> <ul style="list-style-type: none"> <li>• -125 cm / + 125 cm</li> </ul>	<b>Duration of round:</b> 1 x 1.30 minutes
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**Male Sparring Dragons- born in the year 2016-2017**

<b><u>Groups</u></b> <ul style="list-style-type: none"> <li>• <u>Group 1</u></li> <li>• white, yellow and green belts</li> <li>• <u>Group 2</u></li> <li>• blue and red belts</li> </ul>	<b>Height Classes</b> <ul style="list-style-type: none"> <li>• -135 cm / + 135 cm</li> </ul>	<b>Duration of round:</b> 1 x 1.30 minutes
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**Female Sparring Dragons - born in the year 2016-2017**

<b><u>Groups</u></b> <ul style="list-style-type: none"> <li>• <u>Group 1</u></li> <li>• white, yellow and green belts</li> <li>• <u>Group 2</u></li> <li>• blue and red belts</li> </ul>	<b>Height Classes</b> <ul style="list-style-type: none"> <li>• -135 cm / + 135 cm</li> </ul>	<b>Duration of round:</b> 1 x 1.30 minutes
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**Male Sparring Kids - born in the year 2014-2015**

<b><u>Groups</u></b> <ul style="list-style-type: none"> <li>• <u>Group 1</u></li> <li>• white, yellow and green belts</li> <li>• <u>Group 2</u></li> <li>• blue and red belts</li> </ul>	<b>Height Classes</b> <ul style="list-style-type: none"> <li>• -145 cm / + 145 cm</li> </ul>	<b>Duration of round:</b> 1 x 1.30 minutes
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**Female Sparring Kids - born in the year 2014-2015**

<b><u>Groups</u></b> <ul style="list-style-type: none"> <li>• <u>Group 1</u></li> <li>• white, yellow and green belts</li> <li>• <u>Group 2</u></li> <li>• blue and red belts</li> </ul>	<b>Height Classes</b> <ul style="list-style-type: none"> <li>• -145 cm / + 145 cm</li> </ul>	<b>Duration of round:</b> 1 x 1.30 minutes
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**Chicks, Dragons and Kids Team Pattern**

Team Pattern consists of three (3) athletes:

- Chicks, Dragons and Kids (One Team Male/Female together)
- The performed pattern must be of the lowest rank competitor



## Divisions/Categories/Pre-Junior

### Individual Male and Female - **Pre-Junior Pattern Divisions**

White belt/White superior		Competitor's choice		Chon-Ji		
Yellow belt/Yellow superior		Competitor's choice	from	Chon-Ji	to	Do-San
Green belt/Green superior		Competitor's choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior		Competitor's choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior		Competitor's choice	from	Chon-Ji	to	Choon-g-Moo
Black I and II degree		Umpire's choice	from	Kwang-Gae	to	Ge-Baek

## Individual Male and Female **Pre-Junior Sparring Categories**

### Weight & Belt Classes

#### Male – Group 1 - white, yellow and green belts

1. Individual Male Pre-Junior Sparring up to 40 kg
2. Individual Male Pre-Junior Sparring over 40 to 48 kg
3. Individual Male Pre-Junior Sparring over 48 to 56 kg
4. Individual Male Pre-Junior Sparring over 56 kg

#### Female – Group 1 - white, yellow and green belts

1. Individual Female Pre-Junior Sparring up to 40 kg
2. Individual Female Pre-Junior Sparring over 40 to 48 kg
3. Individual Female Pre-Junior Sparring over 48 to 56 kg
4. Individual Female Pre-Junior Sparring over 56 kg

#### Male – Group 2 - blue, red and black belts

1. Individual Male Pre-Junior Sparring up to 40 kg
2. Individual Male Pre-Junior Sparring over 40 to 46 kg
3. Individual Male Pre-Junior Sparring over 46 to 52 kg
4. Individual Male Pre-Junior Sparring over 52 to 60 kg
5. Individual Male Pre-Junior Sparring over 60 kg

#### Female – Group 2 - blue, red and black belts

1. Individual Female Pre-Junior Sparring up to 40 kg
2. Individual Female Pre-Junior Sparring over 40 to 46 kg
3. Individual Female Pre-Junior Sparring over 46 to 52 kg
4. Individual Female Pre-Junior Sparring over 52 to 60 kg
5. Individual Female Pre-Junior Sparring over 60 kg

Duration of round - Group 1 - eliminations and finals 1x 2 minutes  
 Duration of round – Group 2 - eliminations and finals 2 x 2 minutes.

### Individual Male and Female **Pattern – Junior & Senior categories.**

Junior Individual Male and Female						
White belt/White superior		Competitor's choice		Chon -Ji		
Yellow belt/Yellow superior		Competitor's choice	from	Chon -Ji	to	Do-San
Green belt/Green superior		Competitor's choice	from	Chon -Ji	to	Yul-Gok
Blue belt/Blue superior		Competitor's choice	from	Chon -Ji	to	Toi-Gye
Red belt/Red superior		Competitor's choice	from	Chon -Ji	to	Choong-Moo
Black I degree		Umpire's choice	from	Chon -Ji	to	Ge-Baek
Black II – III degree		Umpire's choice	from	Chon -Ji	to	Ju-Che
Senior Individual Male and Female						
White belt/White superior		Competitor's choice		Chon -Ji		
Yellow belt/Yellow superior		Competitor's choice	from	Chon -Ji	to	Do-San
Green belt/Green superior		Competitor's choice	from	Chon -Ji	to	Yul-Gok
Blue belt/Blue superior		Competitor's choice	from	Chon -Ji	to	Toi-Gye
Red belt/Red superior		Competitor's choice	from	Chon -Ji	to	Choong-Moo
Black I degree		Umpire's choice	from	Kwa ng-Gae	to	Ge-Baek
Black II degree		Umpire's choice	from	Eui-Am	to	Ju-Che
Black III degree		Umpire's choice	from	Sam-II	to	Choi-Yong
Black IV to VI degree		Umpire's choice	from	Yong -Gae	to	Moon-Moo

## **Individual Male and Female Junior Sparring Categories**

### **Weight & Belt classes**

#### **Male – Group 1 - white, yellow and green belts**

1. Individual Male Junior Sparring up to 50 kg
2. Individual Male Junior Sparring over 50 to 58 kg
3. Individual Male Junior Sparring over 58 to 65 kg
4. Individual Male Junior Sparring over 65 kg

#### **Female – Group 1 - white, yellow and green belts**

1. Individual Female Junior Sparring up to 45 kg
2. Individual Female Junior Sparring over 45 to 52 kg
3. Individual Female Junior Sparring over 52 to 60 kg
4. Individual Female Junior Sparring over 60 kg

#### **Male – Group 2 - blue, red and black belts**

1. Individual Male Junior Sparring up to 50 kg
2. Individual Male Junior Sparring over 50 to 56 kg
3. Individual Male Junior Sparring over 56 to 62 kg
4. Individual Male Junior Sparring over 62 to 70 kg
5. Individual Male Junior Sparring over 70 kg

#### **Female - Group 2 - blue, red and black belts**

1. Individual Female Junior Sparring up to 45 kg
2. Individual Female Junior Sparring over 45 to 50 kg
3. Individual Female Junior Sparring over 50 to 56 kg
4. Individual Female Junior Sparring over 56 to 62 kg
5. Individual Female Junior Sparring over 62 kg

Duration of round - Group 1: eliminations and finals 1 x 2 minutes

Duration of round – Group 2: eliminations and finals 2 x 2 minutes.

## **Individual Male and Female Senior Sparring Categories**

### **Weight & Belt classes**

#### **Male – Group 1 - white and yellow belts**

1. Individual Male Senior Sparring up to 60 kg
2. Individual Male Senior Sparring over 60 to 68 kg
3. Individual Male Senior Sparring over 68 to 75 kg
4. Individual Male Senior Sparring over 75

#### **Female - Group 1 - white and yellow belts**

1. Individual Female Senior Sparring up to 52 kg
2. Individual Female Senior Sparring over 52 to 60 kg
3. Individual Female Senior Sparring over 60 kg

**Male – Group 2 - green and blue belts**

1. Individual Male Senior Sparring up to 60 kg
2. Individual Male Senior Sparring over 60 to 68 kg
3. Individual Male Senior Sparring over 68 to 75 kg
4. Individual Male Senior Sparring over 75

**Female - Group 2 - green and blue belts**

1. Individual Female Senior Sparring up to 52 kg
2. Individual Female Senior Sparring over 52 to 60 kg
3. Individual Female Senior Sparring over 60 kg

**Male - group 3 - red and black belts**

1. Individual Male Senior Sparring up to 63 kg
2. Individual Male Senior Sparring over 63 to 69 kg
3. Individual Male Senior Sparring over 69 to 76 kg
4. Individual Male Senior Sparring over 76 to 83 kg
5. Individual Male Senior Sparring over 83 kg

**Female – group 3 - red and black belts**

1. Individual Female Senior Sparring up to 52 kg
2. Individual Female Senior Sparring over 52 to 58 kg
3. Individual Female Senior Sparring over 58 to 65 kg
4. Individual Female Senior Sparring over 65 kg

Duration of round - Group 1 and 2: eliminations and finals 1 x 2 minutes

Duration of round – Group 3: eliminations and finals 2 x 2 minutes.

**Team Male Sparring (Red & Black Belts)**

Junior/Senior mixed Team– 3 athletes + 1 res (optional)

Weight -65kg, -75kg, + 75kg

Only 1<sup>st</sup> place winner € 500

**Team Female Sparring (Red and Black Belts).**

Junior/Senior mixed Team – 3 athletes + 1 res (optional)

Weight -50kg, -60kg, + 60kg

Only 1<sup>st</sup> place winner € 500

**We look forward to meeting you in Italy!**

Please do not hesitate to address your questions to: [romagladiatoropen@gmail.com](mailto:romagladiatoropen@gmail.com)