



International Instructor Course (IIC)

June 26 - 28 2026

University of Limerick, Ireland



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TAEKWON-DO
FEDERATION**



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IIC, University of Limerick, Ireland, June 26 - 28 2026

Dear Grandmasters, Masters, Instructors, Students and Friends,
We have the honour to invite you and all ITF members 1st to 9th Degree Black Belt, to the ITF International Instructors Course (IIC) to be held in the University of Limerick, Ireland from Friday June 26th to Sunday June 28th 2026

This premier event offers a unique opportunity to deepen your technical knowledge, refine your skills, and engage directly with the world's leading Taekwon-Do experts. Whether you're an aspiring instructor or a seasoned practitioner, the IIC promises an inspiring and educational experience in a world-class setting. Don't miss this chance to be part of one of the most significant technical events in the ITF calendar!



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The IIC will be taught by:

Grandmaster Ung Kim Lan, IX Degree, from Germany

Grandmaster Jerzy Jedut, IX Degree, from Poland

Master Virginia Dionisi, VII Degree, from Belgium



Booking IIC

To reserve your place on the IIC please complete the [IIC registration form](#)

Please indicate on the form if you will be attending the BBQ as we need accurate numbers in advance for the restaurant.

All participants must also register to the official ITF database for certification. This is done through your NA/AA.

IIC Payment

The IIC & BBQ payment may be made in advance to the Irish Taekwon-Do Association Account or by paying in cash (Euro) on arrival.

When we receive your IIC Booking form we will issue an invoice to you for payment.

Those attending as a group/school/club, please make one payment for the full group/school/club.



Accommodation:



Option 1 - Castletroy Park Hotel

We have secured a reduced rate during the IIC with the beautiful, 4 Star, Castletroy Park Hotel, located within walking distance of the IIC venue.

To reserve your place at the Castletroy Park, please contact the hotel directly at reservations@castletroypark.ie and quote Taekwon-Do and promo code 576207 to receive the reduced rate.



Accommodation:

Option 2 - On Campus Accommodation

These apartments are a short, 500 metre walk, across the living bridge to the PESS (Physical Education & Sports Science) Building where the IIC will take place, and offer free internet and free parking on site.

Each apartment block has six separate single (double bed) rooms with their own en suite bathroom and walk in shower. Each apartment block has a common social area with living room and a kitchen. All bedrooms and apartments have high-speed wi-fi connections.

Cost:

€70 per person per night for accommodation only

€80 per person per night for accommodation & breakfast

Breakfast is served in the Pavilion Bar & Restaurant

***if travelling with others in your party you need to make separate bookings for each person**

To reserve this accommodation option please use the IIC registration form



Accommodation:

Option 2 - On Campus Accommodation



BBQ Social Event

On the evening of Saturday June 27th at 19:00, we will offer a BBQ Social Event for all IIC participants.

Please confirm on your IIC booking form if you wish to be part of this event.

This will be a great opportunity to socialise with your Taekwon-Do friends in a warm and welcoming atmosphere.

The dress code for the BBQ is casual.

We have a limited number of places available so please book early to avoid disappointment.

The cost of the BBQ Social Event is €38 per person.

The price is not inclusive of drinks.

The location of the BBQ is the Stables Courtyard, located on the University of Limerick Campus. ([UL Campus Map](#))



**IIC Venue: University of Limerick PESS
(Physical Education & Sport Science) Building**



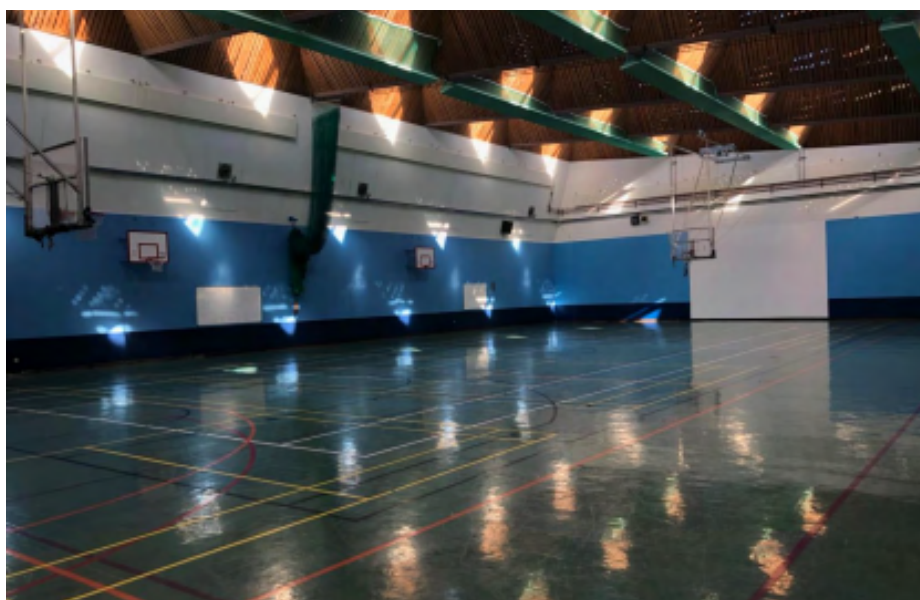
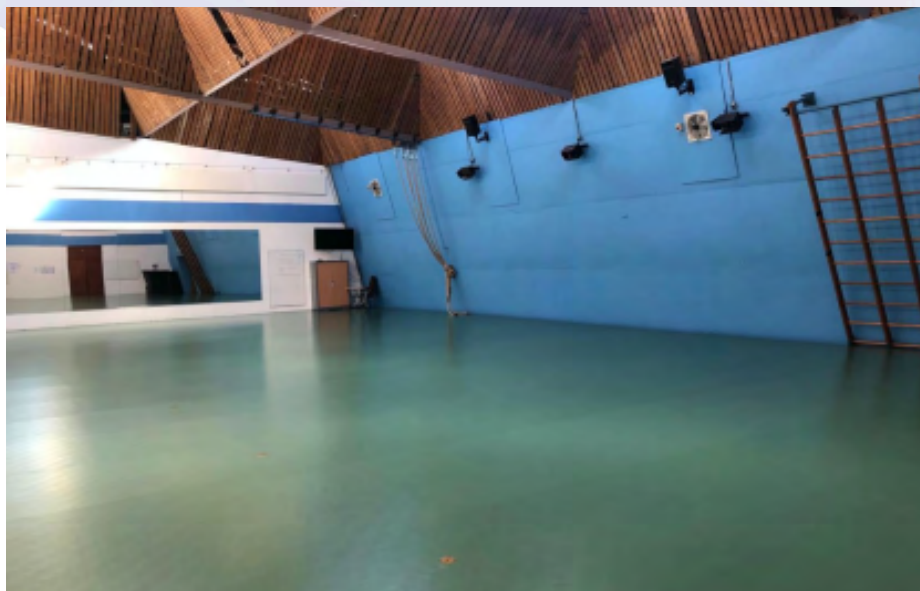
The UL PESS Building contains 3 large Sports Halls, allowing the IIC to be divided into groups as needed

At this link you can find the UL Campus Map, showing the location of the PESS Building at number 19 and the Pavilion Building at number 36;
[UL Campus Map](#)

IIC Registration Point:

The registration point will be open from 10am to 12 noon at the Castletroy Park Hotel on Friday June 26th or at the UL PESS Building at 1pm to 1.30pm before the IIC starts.

**IIC Venue: University of Limerick PESS
(Physical Education & Sport Science) Building Sports Halls**



Travelling to Limerick

Closest Airports:

There are multiple airlines which serve Shannon Airport (30km from venue, 30 mins drive), Cork Airport (115km from venue, 1.5 hrs drive) & Dublin Airport (200km from venue, 2 hrs drive)



There are several Bus companies which have a regular service from the airports to the University of Limerick.

For full details of connections and recreational and tourist focused ideas in the area please visit the site below:

<https://www.limerick.ie/discover/visiting/getting-here-around/getting-here>

IIC Schedule

- **Friday June 26th:** from 14.00 to 18.00.
- **Saturday June 27th:**
from at 9.00 to 13.00 and 14.00 to 16.00.
- **Saturday evening:** BBQ at 19:00 (Stables courtyard).
- **Sunday June 28th:** from 9.00 to 13.00.
- Sunday the promotion examination test.

IIC Inscription fee:

1st to 3rd degree: €137 + €85 organisation fee

4th to 6th degree: €183 + €85 organisation fee

7th to 8th degree: €92 + €85 organisation fee

9th degree: € 0,00

Invoices for payment will be sent after completion of the online registration form.

Scan the QR Code for
the Registration Form



Promotional Test During the IIC:

All candidates for a degree test during the IIC should respect the following protocols:

- Send the thesis, curriculum vitae and application form through the National/Allied Association at least one month before the promotion date to the ITF HQ with a copy to the Chairperson of the ITF Technical Committee.
- Express your intention to grade also to the IIC organisers by sending an email to sryan@taekwondo.ie
- Pay the examiner grading fee (in cash) one hour before the grading.
- Bring 5 wooden boards measured 30x30x2 cm

Contact:

Stephen Ryan

Secretary General – Irish Taekwon-Do Association

sryan@taekwondo.ie

www.taekwondo.ie