

INTERNATIONAL SPARRING SEMINAR WITH ITF LEGEND KATYA SOLOVEY

Organizer: Česká národní unie Taekwon-Do ITF, z.s.

Date: 8. 3. 2025

Venue: Sportovní hala Univerzity Palackého, U Sportovní haly 38/2, Olomouc

The Czech National Taekwon-Do Union ITF with the support of the Taekwon-Do Academy SKUP Olomouc would like to invite everyone to a unique one-day Sparring Seminar under the leadership of Katya Solovey, V. Dan (Ukraine), a true martial arts legend:

- 🏆 **2x ITF World Champion**
- 🏆 **9x ITF European Champion**
- 🏆 **2x ITF World Cup winner**
- 🏆 **3x WAKO World Champion**
- 🏆 **2x WAKO European Champion**
- 🏆 **4x WAKO World Cup winner**

Seminar programme:

Training blocks focus on the latest methods of teaching sparring, sparring combinations, distance work in pairs and practical exercises. Participation of children and adults from 10 years old with technical level 8. Kup and higher. Bring a dobok, pads and sheet.

Time schedule:

- 9:00 - 9:30:** Registration
- 9:30:** Opening of the seminar
- 9:45 - 11:15:** First training block
- 11:30 - 13:00:** Second training block
- 13:15 - 14:30:** Break / lunch
- 14:30 - 15:15:** Group (individual) photo session
- 15:30 - 17:00:** Third training block

Price and payment: Payment in cash when registering at the venue: 1.500 CZK (60 €)

Discounts may be available for early registration:

until 1.1.2025 - 40 € / 1,000 CZK

until 1.2.2025 - 50 € / 1,250 CZK

until 1.3.2025 - 60 € / 1,500 CZK

Applications:

Please send the completed application form no later than 1.3.2025 to the following e-mail:

✉ registrace@taekwondocz.com

Meals and accommodation:

Accommodation is not provided by the organizer.

Lunch (including the possibility of a vegetarian menu) can be ordered on the registration form.

Lunch price: 10 € (250 CZK). Please send a copy of the registration form with lunch order to:
akademie.tkd.cz@gmail.com

Liability for injuries: Participants must have their own accident insurance. The organizer is not responsible for any injuries or other consequences.

