



Invitation

March 2-3rd, 2024

Dear ITF members,

In collaboration with the Albanian Taekwon-Do Federation -ITF, we invite you to the **OPEN TIRANA 2024 TAEKWON-DO ITF Championship** which will be held in Tirana on **Saturday and Sunday March 2-3rd 2024**.

Please receive the necessary information to attend **OPEN TIRANA 2024 TAEKWON-DO ITF Championship**.

Best regards,

Open Tirana Organization Team

Information

Date and Place

The event will be held on Saturday & Sunday March 2-3rd 2024, in **Tirana, Albania**.

More detailed information about the venue/sports hall, will be revealed soon.

How to arrive

Arriving at Tirana International Airport

Administration Building

Rinas, Tirana

Albania Tel: +355 4 2381 600

Fax: +355 4 2381 545

E-mail: info@tirana-airport.com

Website: www.tirana-airport.com

The quickest and most affordable way to get from TIA Tirana Rinas Airport into the city centre of Tirana is by taxi. Taxis are located outside the terminal building, as well as at the TIA Tirana Rinas Airport pick up zone. The journey takes about 20-40 minutes.

Merr Taxi: <https://merrtaxi.com/>

Taxi Lux: <https://taxiluxalbania.al/>

City Taxi: <https://www.citytaxi.al/>

Competition rules and information

The competition will be held on Saturday March 2nd for children/cadets/juniors and on Sunday March 3rd for seniors and team sparring.

Competitors must be in possession and accept the following rules to participate:

- ITF dobok
- To accept the competition program.
- To accept that the organizers may modify a division and/or category based on the numbers of competitors.
- Medals and certificates will be given to 1st, 2nd and one 3rd place winner.

For the best we give special awards!

Award-cup and:

- *For children categories - gift packages*
- *For cadets (male and female)- gift package*
- *For juniors (male and female)- 100 € cheque*
- *For seniors (male and female) – 100 € cheque*

Age Divisions - AGE IS BASED ON BIRTHDAY DATE (not on year of birth)

- Children category (up to 11 years)
 - Chicks (5 – 6 years)
 - Dragons (7 – 8 years)
 - Kids (9 – 11 years)
- Cadets (12 – 14 years)
- Juniors (15 – 17 years)
- Seniors (18 years and above)

Inscription

Inscription for this event must be done online via e-mail : titinixhekson@gmail.com until February 25th .

With the enrollment closed, all registered athletes will have to pay the registration fee even if not attending.

N.B.: Each Club Director is responsible for the correct online registration of his/her athletes.

Please check your lists carefully!

Competition Entry Fees

Competition entry fee for each competitor is 25 € + 15€ for double category.

For team sparring entry fee is 50€.

The total inscription fee of each participating club must be paid on Saturday March 2nd 2024 before the competition start by the club Director in the venue/sports hall.

Umpires and Coaches

Any School/Club/Gym must participate with Umpire(s) according to the following:

- Up to 8 competitors: 0 Umpire / More than 8 competitors: 1 Umpire

Umpire outfit: dark blue (or black) pants, dark blue jacket, tie, white shirt and white shoes.

Umpires shall receive a compensation based on the role played during the event.

Coaches outfit

- Tracksuit, sport shoes, towel.

Sparring Equipment

Competitors must have the following equipment:

- Hand and foot gear (color is not important)
- Red and Blue Head gear depending on the draw
- Transparent mouth guard
- Groin guard (worn inside the dobok trousers).

Divisions/Categories

Individual Pattern

In qualifications pattern is competitors choice. In finals a second pattern is designated by the jury.

Children (5-11 years) pattern and sparring division:

- Chicks 5-6 years (one category M/F) -20kg, -25kg, +25kg 1round x 1.30min
- Dragons 7-8 years old (one category M/F) -24kg, -28 kg, -32 kg, -37kg 2rounds x 1min
- Kids 9-11 years old (one category M/F) -25kg,-29kg,-34kg,-38kg,-43kg,-48kg, 2rounds x1min

White belt/White superior	Competitor free choice	from	Saju-tisui	to	Chon-Ji
Yellow belt/Yellow superior	Competitor free choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor free choice	from	Chon-Ji	to	Yul-Gok
Blue belt /Blu sup.	Competitor free choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red sup.	Competitor free choice	from	Chon-Ji	to	Choong-Moo
Black Belt	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be inserted in another category.
- Awarding will be presented right after the ending of each competition division/category.

- Male Cadets 12-14 years old
- Female Cadets 12-14 years old

Cadets (12-14) - Pattern					
Yellow belt/Yellow superior	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitors choice	from	Chon-Ji	to	Choong-Moc
Black I and II degree	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

Individual Sparring - Cadets

Weight Class

- Male -40kg, -45 kg, -55 kg, -60 kg, +60 kg
- Female -35kg, -40 kg, -45 kg, -50 kg, + 50 kg

Duration of round: 2 x 1.30 minutes

Categories:

- Male Junior 15-17 years old
 - Female Junior 15-17 years old
 - Male Senior 18-35 years old
 - Female Senior 18-35 years old
 - Male/ Female Veterans 36 years and above
- There must be at least two (2) competitors in any division and/or category.
 - In case of only one (1) competitor, he/she will be included in a different category.
 - Each bout consists of one pattern only, in finals a second pattern is designated by the jury

Junior Individual (15-17 years old) Male and Female					
Yellow belt/Yellow superior	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II – III degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Senior (18-35 years old) Individual Male and Female					
Yellow belt/Yellow superior	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Black III degree	Umpire choice	from	Chon-Ji	to	Choi-Yong
Black IV to VI degree	Umpire choice	from	Chon-Ji	to	Moon-Moo

Individual Junior Sparring

- Male - 45 kg, -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg
- Female - 42 kg, -48 kg, -55 kg, -62 kg, + 62 kg

Duration of round - 1 x 2 minutes or 2 x 2 minutes (black belts)

Individual Senior Sparring

- Male -57 kg, -63 kg, -69 kg, -76 kg, -81 kg, +81 kg
- Female -50 kg, -56 kg, -62 kg, -68kg, -74 kg, +74kg

Duration of round - 2 x 2 minutes (black belts)

There must be at least two (2) competitors in any division and/or category.
In case of only one (1) competitor, he/she will be included in a different category.

Team sparring

A minimum of 3 competitors and a maximum of 5 competitors + 1 reserve (optional) must compete in team sparring competition.

The minimum age required for participation is 14 years old.

Competitors may compete only for one team/club per event.

Duration of round: 5 x 2 min

Weight checking

The Weigh In will take place at the following settled times :

- Saturday 02/03/2024 at the sports hall: 07.45 – 08.45 hours

At weigh in ALL Competitors must wear dobok trousers and a T or polo shirt.

N.B.: Competitors NOT making the weight might be moved to a different category with an extra penalty fee of € 20.

Schedule/program

Saturday 02.03.2024

CHILDREN, CADETS AND JUNIORS!

- ❖ 7:45-8:45 weight in
- ❖ 9:00-9:20 referee and coach meeting
- ❖ 9:20-10:00 opening ceremony and starting of the competition
- ❖ 13:15-14:00 lunch break
- ❖ 14:00- 19:30 competition continue
- ❖ 20:00 finish

Sunday 03.03.2024

SENIORS AND TEAM SPARRINGS!

- ❖ 9:00-9:30 referee and coach meeting
- ❖ 9:30-14:00 competition continue
- ❖ 14:00 finish

Attention please: participation is at your own risk. The organization is not responsible for any injury or other matter, which might happen during the event. We recommend that your competitors be in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.

We are looking forward to meeting you in Tirana, please feel free to ask any question

at: titinixhekson@gmail.com