## Maestro Gato - Gato

- Master VIII Degree in TaeKwon Do
- Member Of The ITF Caribbean And Central America Development Team 2019 2023
- Head Instructor Centro Integral de TaeKwon-Do
- ITF Teaching License # 104002
- International TaeKwon Do Federation Instructor # 1220
- International TaeKwon Do Federation International Umpire Class "A" (911)
- President Asociación Nacional de TaeKwon-Do de Puerto Rico
- Representant of the International TaeKwon-Do Federation in Puerto Rico since March 8, 2005

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EDUCATION	
August 1991- May 1993	University of Sacred Heart, San Juan, PR
EXAMINATIONS	
DECEMBER 11, 2022	8 <sup>th</sup> Degree PR-8-2
	Tested by Grand Master Rubén Suárez and Grand Master
	Fabián Nuñez
June 26, 2015	7 <sup>th</sup> Degree PR-7-3
	Tested by the ITF Technical Committee
March 21, 2009	6 <sup>th</sup> Degree PR-6-2
	Tested by the ITF Technical Committee
	5 <sup>th</sup> Degree PR-5-2
November 13, 2004	Tested by the President of ITF Master Tran Trieu Quân
	and the ITF Technical Committee
March 25, 2000	4 <sup>th</sup> Degree PR-4-15
October 20, 1996	3 <sup>rd</sup> Degree PR-3-20
September 24, 1995	2 <sup>nd</sup> Degree PR-2-61
September 29, 1988	1 <sup>st</sup> Degree PR-1-194
INTERNATIONAL INSTRUCTOR,	
UNPIRE, TAEKWON-DO KIDS	
COURSE AND ITF CONVENTION	//404 ITE Internetional Instructor Ocurse - Orlanda Elevida
FEBRUARY 10 - 12	#164 ITF International Instructor Course – Orlando Florida
October 4 - 6 2019	Conducted by ITF Technical Committee
OCTOBER 4 - 6 2019	#145 ITF International Instructor Course – Punta Cana, República Dominicana
	Conducted by ITF Technical Committee.
February 22 - 24, 2019	#139 ITF International Instructor Course – Bogotá, Colombia
I LONUART 22 - 24, 2013	Conducted by ITF Technical Committee.
May 25 - 29, 2018	129# ITF International Instructor Course - Orlando, USA
IVIAT 20-29, 2010	Conducted by ITF Technical Committee.
April 7 - 9, 2017	116 # ITF International Instructor Course – New York, USA
AFRIL I = 3, 2011	Conducted by ITF Technical Committee.
March 1 - 5, 2017	3 <sup>rd</sup> ITF CONVENTION, Benidorm, Spain
FEBRUARY 26 AND 27, 2016	Organizer of the Taekwon-Do Kids Course, San Juan, Puerto
TEDRUART 20 AND 27, 2010	Rico
	#113 International Instructor Course – Quebec, Canada

September 16 - 18, 2016	<b>Organizer</b> of the #112 International Instructor Course - Carolina, Puerto Rico.
	Conducted by ITF Technical Committee.
AUGUST 5 -7, 2016	#111 ITF International Instructor Course - Guatemala
1000010 1,2010	Conducted by ITF Technical Committee.
JUNE 4 - 5 2015	#25 International Umpire Course - Dublin, Ireland
JUNE 4 - 3 2013	Conducted by the Umpire Committee.
JUNE 16 - 19, 2015	#102 ITF International Instructor Course - Las Vegas, Nevada
JUNE 10 - 19, 2015	Conducted Technical Committee.
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May 25 - 27, 2015	#118 ITF Instructor Course - Camaguey, Cuba
	Conducted by ITF Technical Committee.
JANUARY 24 - 25, 2015	#20 ITF International Umpire Course - New York, USA
	Conducted by the Umpire Committee
NOVEMBER 14 - 16, 2014	#98 ITF Instructor Course (only for 4th degree and above) -
	Treviso, Italia
	Conducted Technical Committee.
March 7 - 9, 2014	#89 ITF Instructor Course - Bogotá, Colombia
	Conducted by ITF Technical Committee.
March 22 -24, 2013	#80 ITF Instructor Course - New York, USA
·	Conducted by ITF President and the Director of the Technical
	Committee.
JANUARY 26 - 27, 2013	North American Qualifying 2013 World Championship 2013
	ITF Umpire Course - New York, USA
	Conducted by Master Kurt Ottesen, member of the ITF Umpire
	Comitee.
September 7 - 9, 2012	#75 ITF Instructor Course - Puerto Plata, República
SEPTEMBER 7 - 9, 2012	
	Dominicana
App: 40 45 0040	Conducted by ITF Technical Committee.
April 13 - 15, 2012	#71 ITF Instructor Course - Nashville Tennessee
	Conducted by ITF Technical Committee.
August 18 - 20, 2011	#66 ITF Instructor Course - Ocho Rios, Jamaica
	Conducted by ITF Technical Committee.
May 20 - 22, 2011	#63 ITF Instructor Course - Clear Water, Florida
	Conducted by ITF President and the Director of the Technical
	Committee.
DECEMBER 17 - 18, 2010	#7 ITF International Umpire Course - Treviso, Italy
	Conducted by the ITF Umpire Committee.
October 1 - 3, 2010	#56 ITF Instructor Course - Puerto Plata, República
,	Dominicana.
	Conducted by ITF Technical Committee
March 20 - 22, 2009	#41 ITF Instructor Course – New York, USA
	Conducted by ITF Technical Committee
March 23 - 25, 2007	ITF Instructor Course - Bogotá, Colombia
Maron 20 - 20, 2001	
January 28 and 20, 2006	Conducted by ITF Technical Committee
January 28 and 29, 2006	1 <sup>st</sup> ITF International Umpire Course - Miami, Florida, USA
	Conducted by the ITF Technical Committee
November 12 - 14, 2004	ITF Instructor Course -New York, USA Conducted by the ITF
	Technical Committee
April 23 - 25, 2004	ITF Instructor Course -Buenos Aires, Argentina
	Conducted by the ITF Technical Committee
September 21 - 23, 2001	Asunción, Paraguay
	Conducted by the Founder of TaeKwon-Do, General Choi
	Hong Hi.
September 18 - 20, 2001	Buenos Aires, Argentina
	Conducted by the Founder of TaeKwon-Do, General Choi
April 6 - 8, 2001	Hong Hi. San Juan Puerto Rico, Conducted by the Founder of
April 6 - 8, 2001	San Juan, Puerto Rico, Conducted by the Founder of TaeKwon-Do, General Choi Hong Hi

ITF LEADERSHIP TRAINING CAMP	
JULY 9 - 13, 2006	1 <sup>st</sup> ITF Leadership Training Camp - Tegucigalpa, Honduras Conducted by ITF Technical Committee.
TEACHING EXPERIENCE	
September 17, 2003 - 2023	Centro Integral de TaeKwon-Do - Director, Founder and Owner
September 2009	Periódico Primera Hora - Self Defense Instructor
December 2007- May, 2008	Puerto Rico Professional Consulting Group (Recurso de recreación Psicoeducativo del Programa Innovador de Prevención de Violencia y Consumo de Drogas)
January 2003-2009	TaeKwon-Do Head Instructor at Villa Caparra Kindergarten
August 2002-2009	TaeKwon-Do Head Instructor at Academia San José
August 1997-2008	TaeKwon-Do Head Instructor at American Military Academy
June 1997-2008	TaeKwon-Do Head Instructor at Camp Mabó and Sound of Music Summer Camp
August 1994 to July 30, 2003	TaeKwon-Do Head Instructor at ITF Young Brothers, Guaynabo
August 1998	TaeKwon-Do Head Instructor at John Dewey College
1987-1990	Assistant Instructor at ITF Young Brothers, Hato Rey
1983-1984	Assistant Instructor at ITF Young Brothers, Puerto Nuevo
COUNTRIES VISITED TO CONDUCT CLASSES, WORK SHOPS AND TESTINGS	
November 9 – 11, 2018	El Salvador, with Master Suárez, Master William Perlaza and Master Oscar Pérez
August 25 - 27, 2018	Guatemala, with Master Suárez, Master William Perlaza and Master Oscar Pérez
July 15 - 17, 2017	Anguilla
April 28 - 30, 2017	Honduras
October 22 and 23, 2016	Haiti
June 25 and 26, 2016	Trinidad & Tobago
May 29 - April 1, 2011	Anguilla
October 25 – 29, 201	Dominican Republic
March 18 – 22, 2010	Anguilla
May 19 – 22, 2005	Anguilla
INTERNATIONAL UMPIRE	
May 27 - 31, 2015	19th World ITF TaeKwon-Do Championship - Jesolo, Italy
August 26 - 30, 2014	5 <sup>th</sup> ITF World Cup, Montego Bay - Jamaica
October 24 - 27, 2013	18th World ITF TaeKwon-Do Championship - Benidorm, Spain
March 9 - 13, 2011	17 <sup>th</sup> World ITF TaeKwon-Do Championship - Wellington, New Zealand
December 19, 2010	Italian Open, Vilorba, Italy
May 1-8, 2008	8th Panamerican TaeKwon-Do Championship - Florianopolis, Brasil

September 29 - 30, 2007	First All North American and Caribbean Championship -
· ·	Queens, New York
July 1 - 3, 2007	15th World ITF TaeKwon-Do Championship - Quebec, Canada
July 12 - 16, 2006	8 <sup>th</sup> Junior World ITF TaeKwon-Do Championship - Tegucigalpa, Honduras
July 28 - 31, 2005	14 <sup>th</sup> World ITF TaeKwon-Do Championship - Dortmund, Germany
November 19 - 21, 2004	1st TaeKwon-Do World Cup - Orlando, Florida, USA
December 2 - 8, 2002	6th Junior ITF TaeKwon-Do World Championship -Ponce, PR
ITF WORLD CONGRESS	
April 2019	21st Inzell, Germany
May, 2015	19th World Congress, Jesolo, Italy
October, 2013	18th World Congress, Benidorm, Spain
March11, 2011	17th World Congress, Wellington, New Zealand
May 30, 2007	15 <sup>th</sup> ITF World Congress, Quebec, Canada
July 29, 2005	14 <sup>th</sup> ITF World Congress, Dortmund, Germany
January 12, 2001	Extraordinary ITF Word Congress, Vienna, Austria
ITF WORD CHAMPIONSHIP (As competitor)	
July 3 - 8, 2001	12 <sup>th</sup> ITF Word Championship, Rimini, Italia
0 / 1 5 0 /000	Silver Medalist on Power Test Division
September 5 - 8, 1999	11 <sup>th</sup> ITF World Championship, Buenos Aires and Rosario, Argentina
August 25 - July 1, 1994	9th ITF Word Championship, Kuala Teregganu, Malaysia
WORKSHOPS	
January 26, 2019	<b>Organizer</b> of the Fuji Mae Tour Conducted by Master Jedut and Sabumnim Leo Oros Duek.
August 19, 2018	<b>Organizer</b> of the Work Shop conducted by Master Rubén Suárez.
March 25 and 26, 2017	<b>Organizer</b> of the Extreme Taekwon-Do Seminar conducted by Grand Master Bos.
June 16, 2007	<b>Organizer</b> of the Semi private lessons with Master Flavio Behring IX Degree in Brazilian Jiu-Jitsu
February 10 & 11, 2007	<b>Organizer</b> of the Free Sparring Work Shop conducted by Master Rubén Suárez VII Vice President of ITF USA
December 13, 2006	<b>Organizer</b> of the Private lessons with Master Flavio Behring IX Degree in Brazilian Jiu-Jitsu.
June 3 and 4, 2006	Organizer of the Special Training for Instructors conducted by Master Rubén Suárez VII President of Queens TaeKwon-Do Center
November 13, 2005	<b>Organizer</b> of the Taller de Educación Continuada conducted by Master Rubén Suárez VII President of Queens TaeKwon-Do Center.
March 12, 2005	Creative Wood Breaking – Level 1 conducted by Master Ralph Bergamo, San Juan, Puerto Rico
October 27, 2002	Orlando Florida – College of Martial Arts – Work Shop with Mr. Bill "Super Foot" Wallace, Master Ernie Reyes and Katy Long

July 20 - 21, 2002	Guaynabo, Puerto Rico Conducted by Master Tran Trieu Quan
April 10 – 11, 2002	Bayamón, Puerto Rico Conducted by Master Tran Trieu Quan and Master Hector Marano
September 22, 2001	Asunción, Paraguay - Conducted by Master Tran Trieu Quan
September 19, 2001	Buenos Aires, Argentina - Conducted by Master Tran Trieu Quan
July 15 - 16, 2001	Master Choi Jung Hwa, Puerto Rico
PUBLICATIONS	
March 12, 2010	Defensa Personal, El Nuevo Dia
November, 2007	Sana Rivalidad (Decálogo), El Nuevo Día
August, 2007	El TaeKwon-Do y los Niños, Revista Buscando
September, 2007	TaeKwon-Do Tradicional, Guaynabo al día
September, 2007	TaeKwon-Do, más que defensa personal, Appoint Magazine
August, 2006	TaeKwon-Do Defensa y Disciplina, Revista Buscando