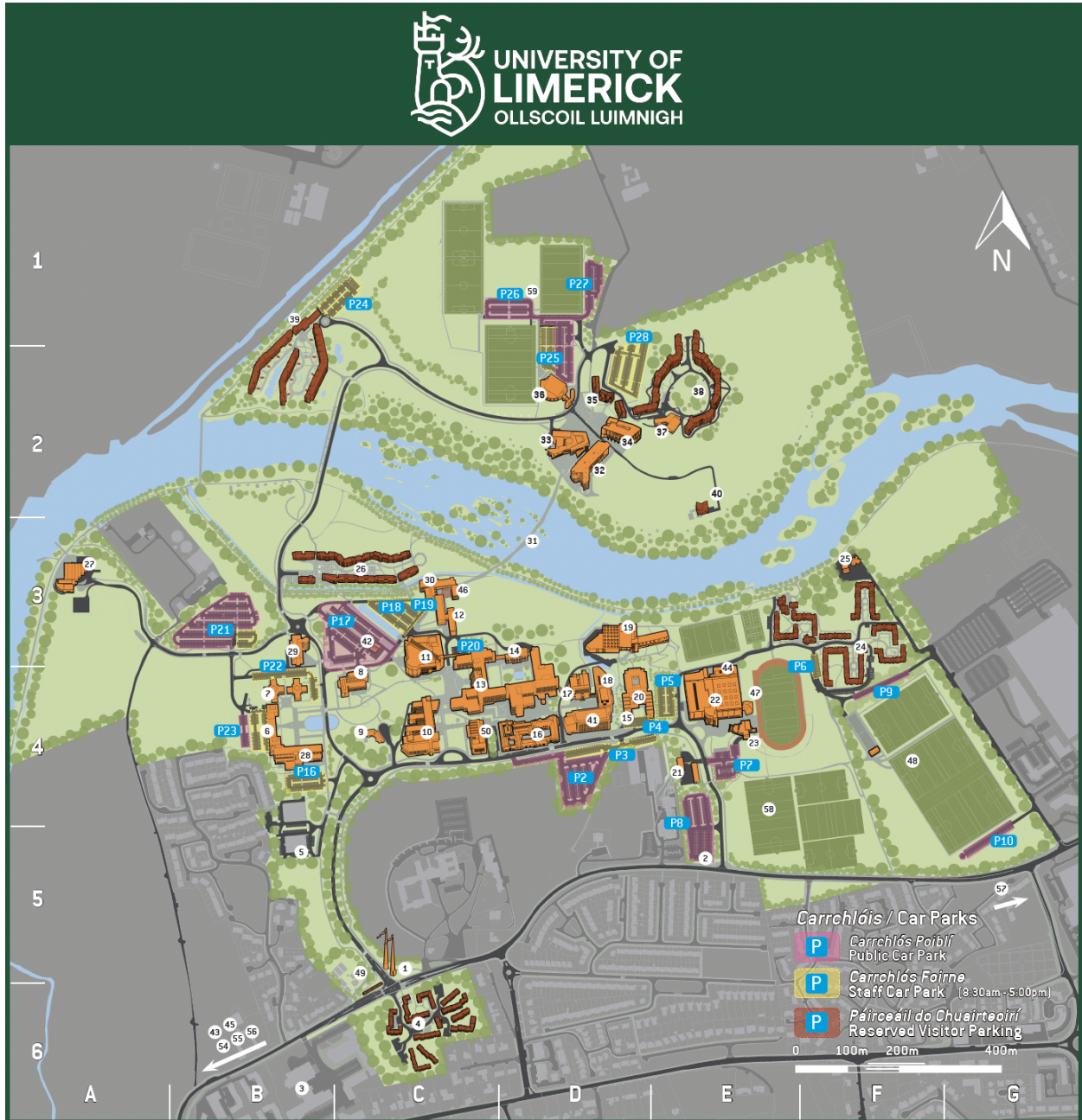


ITF Coaches Conference Timetable

Thursday 29th June

Registration available (Pavilion Bar and Restaurant [Map No. 38](#)) with times announced closer to the date.



Friday 30th June

Time	Place	Event
12:00 to 13:00	UL Main Reception Map No. 13	Registration and payment of final fees
14:00 to 14:15	Jonathan Swift Lecture Theater (directions from Main reception)	Opening and welcome address
14:15 to 15:15	Jonathan Swift Lecture Theater	Sport Psychology - "The defined objective is our way to success" Master Leonardo Oros Duek
15:15 to 15:30	Break	Break
15:30 to 16:30	Jonathan Swift Lecture Theater	Physical Literacy: Laying the foundation for Taekwon-Do as a way of life through positive movement experiences Declan O'Leary
16:30 to 17:00	Break	Break
17:00 to 18:15	UL Arena Court 4 Map No. 22 OR UL Arena Court 3	Development of Kicking ability and Flexibility Grandmaster Bos and Master Ryan OR ITF Sparring: Skills and Methods, the Champion's Perspective Master Tapilatu (Master Byrne facilitating)
18:15 to 18:30	Break	Break
18:30 to 20:00	UL Arena Court 4 OR UL Arena Court 3	Pattern: A champion's approach to pattern success with Sabum Brider (GM Bos and Master Ryan facilitating) OR Power Test: Effective training and preparation Sabum Doogan (Master Byrne facilitating)

Saturday 1st July

Time	Place	Event
09:00 to 10:00	Jonathan Swift Lecture Theater	Developing adaptable problem solvers: lessons from the science of skill acquisition Dr Phil Kearney
10:00 to 10:15	Break	Break
10:15 to 11:45	UL Arena Court 4 OR UL Arena Court 3	Sparring: Skill acquisition theory put into practice Master Byrne, Master Ryan, Dr Kearney OR Pattern: A champion's approach to pattern success Sabum Brider and Grandmaster Andresen (facilitated by GM Bos)
11:45 to 12:00	Break	Break
12:00 to 13:30	UL Arena Court 4 OR UL Arena Court 3	Development of flexibility and control of the legs for effective kicking Adam Doyle (facilitated by GM Bos) OR Special Technique experimenting and innovating Sabum Doogan (facilitated by Master Byrne)
13:30 to 14:45	Lunch	Lunch
14:45 to 16:15	UL Arena Court 4 OR UL Arena Court 3	Introduction to plyometrics for pre adolescents, safe and effective jumping and landing Adam Doyle (facilitated by Master Byrne) OR ITF Sparring: Skills and Methods, the Champion's Perspective Master Tapilatu (facilitated by Master Ryan)

16:15 to 16:30	Break	Break
16:30 to 17:30	Jonathan Swift Lecture Theater	How to build a successful club and organisational structure Grandmaster Andresen
19:30 to Late	Stables Bar and Courtyard Map No. 16	Special BBQ and social event

Sunday 2nd July

Time	Place	Event
09:00 to 10:30	UL Arena Court 4 OR UL Arena Court 3	Athlete Decision Making in Sparring Master Byrne, Master Ryan OR Pattern: A champion's approach to pattern success Sabum Brider (facilitated by Grandmaster Bos and Grandmaster Andresen)
10:30 to 10:45	Break	Break
10:45 to 12:15	UL Arena Court 4 OR UL Arena Court 3	ITF Sparring: Skills and Methods, the Champion's Perspective Master Tapilatu (facilitated by Grandmaster Bos) OR Power Test: Effective training and preparation Sabum Doogan (facilitated by Master Ryan)
12:15 to 12:45	Break	Break
12:45 to 13:45	Jonathan Swift Lecture Theater	Panel Discussion and Q&A Grandmaster Bos, Grandmaster Andresen, Master Duek, Master Ryan, Master Byrne, Master Tapilatu, Sabum Doogan, Sabum Brider
13:45 to 14:00	Jonathan Swift Lecture Theater	Closing and presentation of certificates