



**MALAYSIAN
TAEKWON-DO
FEDERATION**

41ST INTERNATIONAL UMPIRE COURSE



MASTER ABELARDO BENZAQUÉN
ITF Umpire Chairman



GM GORDON WALLACE
ITF Umpire Committee

5TH - 7TH MAY 2023

**PARK AVENUE HOTEL
SUNGAI PETANI
KEDAH, MALAYSIA**



itf
**Taekwon-Do
Umpire**



Dear Grand Masters, Masters, Instructors and Students,

Malaysian Taekwon-Do Federation is pleased and honoured to invite you to the **41st International Umpire Course**, organized in **Kedah, Malaysia**.

The IUC will be held from **Friday, 5th May till Sunday, 7th May 2023** and conducted by:

- **Master Abelardo Benzaquen, 8th Degree Argentina – ITF Umpire Committee Chairman**
- **Grand Master Gordon Wallace, 9th Degree Scotland – ITF Umpire Committee Member**

The venue and accommodation are at **Park Avenue Hotel, Sungai Petani, Kedah**. The event is organised by **Kedah Taekwon-Do Association ITF-MTF** on behalf of the **Malaysian Taekwon-Do Federation (ITF)**.

For further enquiries, kindly contact us without any hesitation.

Yours in Taekwon-Do,

Sr Master Najmi Bin Abdullah VIII

President

Malaysian Taekwon-Do Federation (ITF)

E-mail: najmi@mytkd.org



**INTERNATIONAL
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Dear Grand Masters, Masters, Instructors and Students,

Kedah Taekwon-Do Association as the organising committee is honoured to invite you to participate in the **41st International Umpire Course in Kedah, Malaysia** from **5th to 7th May 2023**.

The course will be conducted by **Master Abelardo Benzaquen** and **Grandmaster Gordon Wallace; Chairman of the ITF Umpire Committee and ITF Umpire Committee Member respectively**. Organizing the 41st ITF Umpire Course is to ensure all umpires and officials are aware of the latest technical points, rules and regulations that will be applicable for upcoming ITF international tournaments.

We hope you will enjoy your stay here, more so having a fruitful and enjoyable event.

On behalf of the organising committee,

Sr Master Nandakumar Nambiar

President of Kedah Taekwon-Do Association ITF-MTF

Organising Committee Chairman

E-mail: iuc2023@mytkd.org | Telephone / WhatsApp: **+60 14-306 5852**



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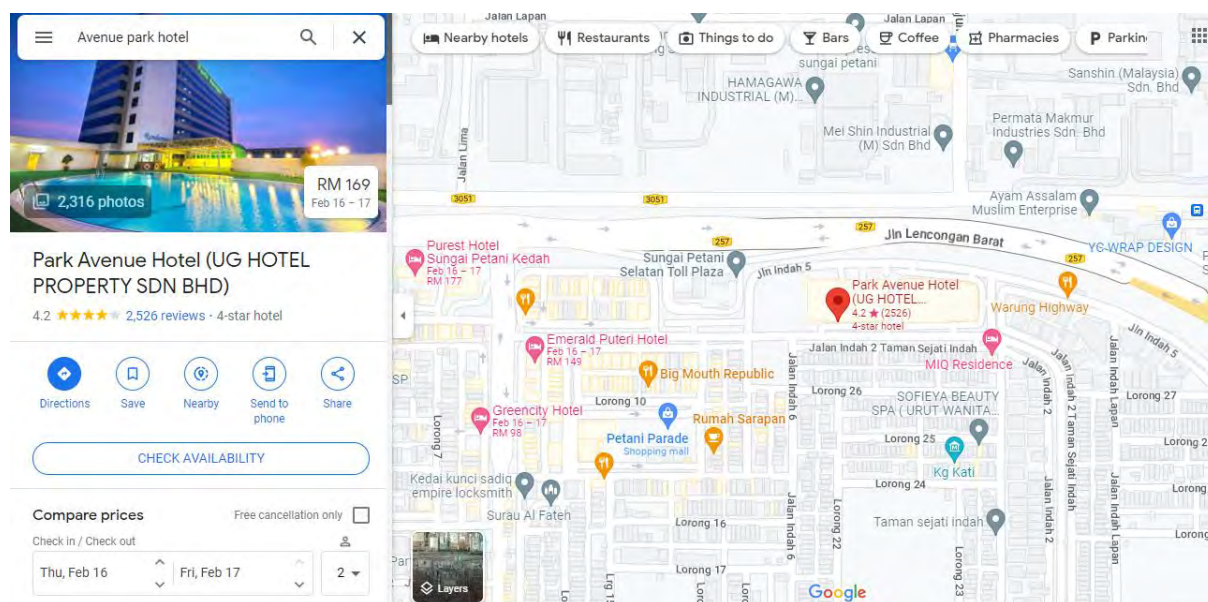


LOCATION

The IUC will be held at **Park Avenue Hotel** which is located at **Sungai Petani**.

Address: **E-1, Jalan Indah 2, Taman Sejati Indah, 08000 Sungai Petani, Kedah.**

Link: <https://goo.gl/maps/fgjkkMm5VmcrUpqU8>



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TRAVELLING

Malaysia is open to all international tourists without any travel restrictions. Additional permission is no longer required from the Malaysian Government to enter Malaysia.

Effective August 1, 2022, non-Malaysians may enter Malaysia without advance permission.

Downloading and updating the **MySejahtera app** is not required before arrival, but travellers are advised to download and use the app to indicate their risk status while in Malaysia, as it may be checked from time to time when entering businesses or other premises.

Effective December 30, 2022, the Malaysian Ministry of Health announced that all travellers arriving in Malaysia will be required to undergo temperature checks for fever and to self-report any other possible COVID-19 symptoms.

Face masks are optional in Malaysia but remain mandatory in public transport, healthcare facilities and for COVID-19 cases. However, travel companions of high-risk individuals such as the elderly, children and those with chronic diseases, low immunity and exhibiting influenza-like symptoms are highly encouraged to wear the mask.

For non-Malaysians (foreigners) participants, please abide by Covid Standard Operating Procedure (SOP) and protocols from your respective countries before flying to/from Malaysia. Malaysian Taekwon-Do Federation and Kedah Taekwon-Do Association would not be accountable for any violation/ non-compliance for not following the respective country's protocols.

Transit requirements are subject to change on short notice. Confirm with your airline that you're permitted to transit via Malaysia to your final destination.



TRANSPORTATION

Air Travel

Sungai Petani is one of Kedah's largest cities which is located approximately 55 km south of Alor Setar (the capital of Kedah) and 33 km northeast of George Town, the capital city of the neighbouring state of Penang. There are two airports in the vicinity of Sungai Petani, where the nearest airport is the Penang International Airport, located on Penang Island. Another alternative airport is Sultan Abdul Halim Airport, Alor Star. It is highly recommended that all foreigners land at Penang International Airport.

Taxi/shuttle services are widely available at the Airport. The estimated cost of transit (per trip) would be approximately MYR 100 – MYR 150 to reach Park Avenue Hotel.

Road Transport

Sungai Petani is also served by North-South Expressway, an expressway that connects the town with major cities on Malaysia's West Coast.

Sungai Petani railway station is served by rail services such as KTM ETS, a higher-speed rail service connecting major cities in Malaysia. The station is also one of the stops for KTM Komuter Northern Sector, a local commuter-rail service under KTM Komuter that connects major towns in Penang, Kedah, and Perlis. The cost for a train ride is estimated to be between MYR 10 to MYR 20.

Terminal Bas Ekspres Ukir Square, also known as Sungai Petani Bus Terminal, is centrally situated in Sungai Petani town, Kedah. Besides being a bus terminal, this multi-purpose building also houses the Urban Transformation Centre or UTC that provides the community with a centralized location for main government agencies, public amenities and services of private sectors.

Participants can buy Sungai Petani Bus Station online tickets and book a trip from or to Sungai Petani at BusOnlineTicket.com.



Below are the popular bus routes that would be available for online booking at Sungai Petani Bus Station. The bus schedule and ticket fare can be changed from time to time. For further inquiries and booking, do visit

<https://www.busonlineticket.com/terminal/sungai-petani-bus-station>

Popular Bus from Sungai Petani Bus Station, Kedah

Route	Schedule	Price From
Sungai Petani to Kuala Lumpur	08:30 – 23:59	MYR 34.30
Sungai Petani to Ipoh	09:00 – 23:30	MYR 18.60
Sungai Petani to Klang	09:00 – 23:59	MYR 40.50
Sungai Petani to Malacca	10:15 – 23:30	MYR 50.00
Sungai Petani to Seremban	09:15 – 23:59	MYR 43.80

Popular Bus to Sungai Petani Bus Station, Kedah

Route	Schedule	Price From
Kuala Lumpur to Sungai Petani	07:30 – 23:59	MYR 37.40
Johor Bahru to Sungai Petani	06:45 – 23:01	MYR 70.00
Ipoh to Sungai Petani	02:00 – 23:00	MYR 18.60
Seremban to Sungai Petani	08:30 – 23:00	MYR 40.00
Malacca to Sungai Petani	07:45 – 22:00	MYR 47.00



REGISTRATION

This IUC course is **open to all ITF practitioners** within & outside Malaysia and members from other ITF federations are welcome. All applications have to be done via the **National Association (NA) / Allied Association (AA)** of the respective countries. All MTF members are required to apply/register via their respective **State Association (SA)**. The NA, AA or SA are also required to submit the participants via the **ITF Online 3.0** database at least 15 days before the course to receive the certificates & for the participation to be reflected in their respective profiles.

The following registration forms are to be submitted:

1. Participant Registration Form ([MTF Member](#) / [Non-MTF Member](#) / [Non-ITF Member](#))

No	ITF ID	First Name	Last Name	Birthdate	Grade	Current Sports Specifics	Amount (RM)
1	123456	John	Doe	1 Jan 2001	Grad 1	NA	750.00
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							

2. Accommodation Booking [Form](#)

No	Name	Department	Room Type	Meal	First Name, Surname (1)	First Name, Surname (2)	First Name, Surname (3)	Room #	Special	Remarks	Amount (RM)
1	John Doe	ITF	Single	Breakfast	John	Doe		5			1,800.00
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											

3. Buffet Dinner Reservation [Form](#) (if applicable)

No	ID / Passport	First Name	Last Name	Birthdate	Age	Meal	Remarks	Group	Table	Amount (RM)
1	123456	John	Doe	1 Jan 2001	21	Breakfast				750.00
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										

Course onboarding will be held at Level 1, Malacca Ballroom on Friday, 5th May 2023 from 15:30 to 20:00.



COURSE FEE

Due to venue capacity and to maintain the quality, the course participants are limited to the first 100 registrants only. Kindly submit your registration with full payment by **7th April 2023**. Any late submission may incur additional charges. Euro Fees are for illustrative purposes only – all payments must be made in **MYR** only (RM – Ringgit Malaysia).

Members of MTF

Grade	Tuition (€)	Organising (€)	Total (€)	Total (RM)
1st Dan – 6th Dan	37.50	52.50	90.00	450.00
7th Dan – 8th Dan	20.00	50.00	70.00	350.00
9th Dan	Exempted	50.00	50.00	250.00

Members of ITF HQ Switzerland

Grade	Tuition (€) *	Organising (€)	Total (€)	Total (RM)
1st Dan – 6th Dan	75.00	60.00	135.00	675.00
7th Dan – 8th Dan	40.00	60.00	100.00	500.00
9th Dan	Exempted	60.00	60.00	300.00

Other Taekwon-Do Federation Practitioners (Non-ITF)

Grade	Tuition (€) *	Organising (€)	Total (€)	Total (RM)
1st Dan – 6th Dan	75.00	90.00	165.00	825.00
7th Dan – 8th Dan	40.00	90.00	130.00	650.00
9th Dan	Exempted	90.00	90.00	450.00

** The tuition fee for ITF & non-ITF practitioners (within or outside Malaysia) is subject to reduction according to the economic status of respective countries as approved by the Federation. Kindly indicate your country in the Participant Form for the final course fee.*

The final dateline to submit the Participant Form is **31st March 2023**, along with accommodation booking & banquet reservation, subject to availability.



ACCOMMODATION

To ensure a smooth seminar, all participants are **required to stay at the same venue** – Park Avenue Hotel. **Meals are included** with the accommodation to facilitate timely itineraries. Kindly indicate **non-veg or veg** meals in the accommodation form.

The hotel is likely to experience high occupancy. While sufficient rooms have been reserved for the seminar, it is recommended to submit your booking by **24th March 2023** due to the high number of expected participants and limited rooms. The final dateline for room booking is 31st March 2022, subject to availability.

Type*	Single (pax/night)	Double Twin (pax/night)	Triple Sharing** (pax/night)
Price (MYR)	RM 200.00	RM 160.00	RM 140.00
Price (Euro)	€ 40.00	€ 32.00	€ 28.00

Date	Breakfast	Lunch	Tea Break	Dinner	Buffet*****
5 th May 2023***	-	-	-	-	-
6 th May 2023	Provided	Provided	Provided	-	RSVP
7 th May 2023****	Provided	Provided	Provided	-	-

* Meals are included as per the table above. ** Twin sharing beds with one extra bed only.

*** Check-in on 5th May is at 2 pm. **** Check-out is at 1 pm in the lobby.

***** Buffet dinner with the ITF delegates on 6th May 2023 (Saturday night) is available at RM60.00/pax (optional).



BUFFET DINNER

The buffet dinner will be held on the evening of **Saturday, 6th May 2023** in the lounge at Park Avenue Hotel and is an opportunity to meet and talk with the Masters and Grand Masters in a relaxed atmosphere.

The price will be **RM 60/pax** (€ 12/pax) and registration for the buffet should be made on the application form. The dinner will be catered for a minimum of 30 participants and a maximum of 100 participants and these will be allocated on a **first-come-first-served basis**.

Please **dress appropriately and respectfully** in the presence of the Masters and Grand Masters (no jeans, t-shirts or trainers). A shirt and tie would be appreciated but smart casual dress at a minimum.



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ITINERARY

Friday, 5 May 2023	Check-in	14:00	Lobby
	Registration	15:30 – 16:30	Level 1
	Session 1	17:00 – 20:00	Level 1
	End of day 1		
Saturday, 6 May 2023	Breakfast	07:00 – 08:30	The Bistro
	Training arena	08:30 – 09:00	Level 1
	Opening Ceremony	09:00 – 09:15	Level 1
	Session 2	09:15 – 11:45	Level 1
	Break	11:45 – 12:00	Level 1
	Session 3	12:00 – 13:30	Level 1
	Lunch	13:30 – 14:30	The Bistro
	Session 4	14:30 – 16:30	Level 1
	Tea Break	16:30 – 16:45	TBD
	Session 5	16:45 – 18:15	Level 1
	Preparation for Banquet	18:15 – 19:00	TBD
	Banquet	19:00 – 21:00	The Bistro
Sunday, 7 May 2023	Breakfast	07:00 – 08:30	The Bistro
	Training arena	08:30 – 09:00	Level 1
	Session 6	09:00 – 11:00	Level 1
	Break	11:00 – 11:15	Level 1
	Session 6 (cont’)	11:15 – 13:15	Level 1
	Photo Session & Closing Ceremony	13:15 – 14:00	Level 1



NATIONAL COACHING CERTIFICATION SCHEME (SPKK)

Sports Specific Courses are under the national sports association. This Sports Specific Course is a complementary component to obtaining a partial Level 2 completion of the **Skim Persijilan Kejurulatihan Kebangsaan (SPKK)** for every Malaysian who wants to become a qualified umpire.

MTF is one of the national sports associations registered with the **National Coaching Academy (AKK)** and is proud to announce that the 41st IUC offers the following certification, exclusive to MTF umpires.

SPKK	Prerequisite	Grade
Level 1	Minimum 1 st Gup	Up to 3 rd Dan
Level 2	ITF Taekwon-Do SPKK Level 1	Up to 5 th Dan
Level 3	ITF Taekwon-Do SPKK Level 2	Up to 9 th Dan



MTF coaches who wish to obtain the SPKK certification have to indicate the to-be-applied SPKK level in the registration form and email the previous SPKK certificate (if applicable) to iuc2023@mytkd.org email.



CONTENT & QUALIFICATION

The 41st IUC will include the following programme and/or qualifications:

- Overview of a typical championship;
- Chain of Command;
- Roles and Responsibilities;
- Pattern and Sparring events;
- Special technique events;
- Tournament day scenarios.



PAYMENT

This is a cashless course – no cash payment will be accepted. All financial transactions will be online.

All payments are strictly **non-refundable but transferable**. Payment should be in **MYR (RM – Ringgit Malaysia)** and made to the following account:

Domestic Transactions

Account Holder : **One Martial Art Academy**
Bank Name : **Malayan Banking Berhad (Maybank)**
Account Number : **5520 3115 0952**
Swift Code : **MBBEMYKL**
Branch : **Kulim, Kedah**

Kindly indicate the following:

Reference 1: IUC 2023

Reference 2: <State/Club/Country>

The transfer method must be done online via IBG or DuitNow for local payment or telegraphic transfer (TT) for international transfer. Avoid the cash deposit machine for local payments as the source of the fund is difficult to be verified.

Email the details of the transfer to iuc2023@mytkd.org with the following details:

- Purpose of payment (Degree, IIC Fees, Social Event, Accommodation etc)
- Payment on behalf (list the name of individuals/spreadsheet form)

The dateline to make changes on the registration, booking or reservation is 7 April 2023. No amendment can be made to the quantity or type of rooms except name change.

Make sure to keep all transaction slips for future reference. You may be required to verify the transaction at a later date.





- Participants must wear a clean and ironed official ITF dobok at all times.
- Before each new session, participants line up to welcome the instructors.
- After each session participants remain until the Instructors leave the venue.
- Participants must act according to the official ITF protocol.
- Participants standing at ease must assume a ready stance with their hands behind their backs at all times.
- Participants sitting at ease must cross their legs at all times.
- Participants allowed to ask questions shall stand up at all times and assume a ready stance with their hands behind their backs.
- Participants before asking a question shall first announce their name and country.



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LOCATION & SURROUNDINGS



The Bujang Valley is a sprawling historical complex and has an area of approximately 224 square kilometres situated near Merbok, Kedah, between Gunung Jerai in the north and Muda River in the south. It is the richest archaeological area in Malaysia. These archaeological remains show that there was a Buddhist polity here.

Bujang Valley Archaeological Museum



Langkawi is the ultimate holiday paradise that offers a natural backdrop of sun-drenched beaches and ancient rainforests teeming with exotic plant and animal life. 10,000 hectares of Langkawi and its 104 islands were declared a Geopark by the United Nations Educational, Scientific and Cultural Organisation (UNESCO) in 2007.

Langkawi Island



Gunung Baling is Kedah's perfect adventurous rainforest hike with majestic views that stretch to nearby Thailand.

Gunung Baling



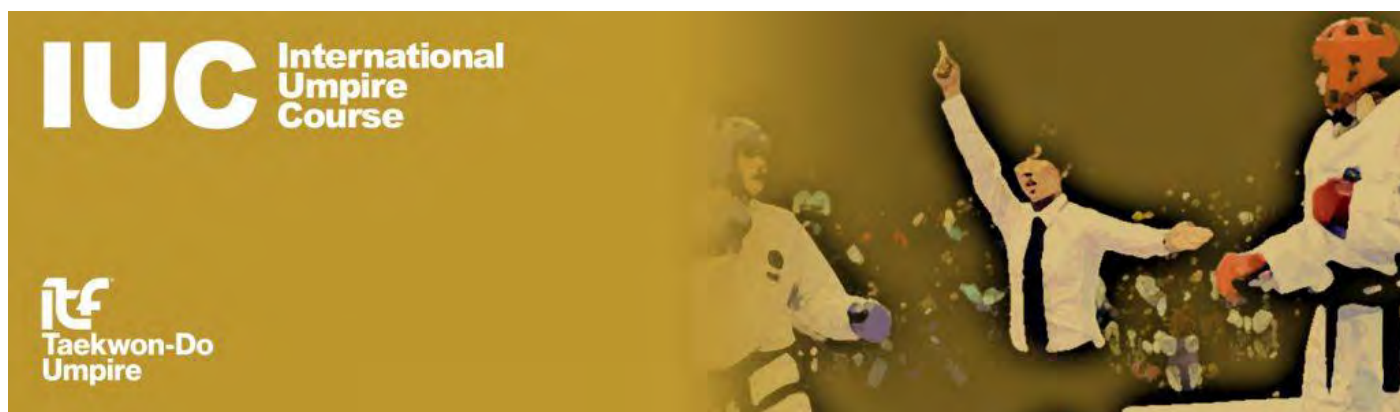
Langkawi Sky Bridge is a 125-metre curved pedestrian cable-stayed bridge in Malaysia, completed in 2005. The bridge deck is 660 metres above sea level at the peak of Gunung Mat Cincang on Pulau Langkawi, the main island of the Langkawi archipelago in Kedah.

Langkawi Sky Bridge

**Transalation: Gunung means Mountain*



FURTHER INFORMATION



Further Information on the ITF International Instructor Course can be found here:

<https://itftkd.sport/courses/international-umpire-courses/>

Looking forward to meeting everyone in Kedah, Malaysia.

Address	Persatuan Taekwon-do Negeri Kedah ITF-MTF 138, Tingkat 1, Jalan Sawi 8, Taman Sawi, 09600 Lunas, Kedah, Malaysia.
Phone	+60 14-358 5852 – Sabum Vigneshwer Kathirvel (Local) +60 11-240 27247 – Sabum Rosveen Nambiyaar (Local) +60 12-409 7180 – Sabum Amirul Razak (Local) +60 14-306 5852 – Mrs Krupa Kushalnagar (International)
Email	iuc2023@mytkd.org
Website	mytkd.org
Facebook	https://www.facebook.com/malaysiantkd
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