



Invitation

February 5th, 2023

Dear ITF Members,

This is to invite you to the ITF Championship called:

3RD Open Asian Taekwon-Do ITF Championships 2023

The event opens to children, pre-junior, junior and senior competitors is especially organized for Asian Country Members however we shall be very proud to receive any country from any other Continent.

The event will be held as in previous years in the beautiful **Talkatora Indoor Stadium, New Delhi, India on May 26-28, 2023**

Please receive all the necessary information to attend the event.

We are looking forward to meeting you in the beautiful city of New Delhi, India.

President of ITF India

Mr. Rakesh Verma

ITF India - iitf@hotmail.com

Tournament Director

GM Wim Bos IX Dan

Daily program:

Friday May 26th, 2023, Arrivals at the Talkatora Indoor Stadium

TALKATORA Garden, President's Estate. New Dehli, 110004 India

for: **Registration control, Weigh In & Payments / time: 8am-12am**

At registration and weigh in **ALL** Competitors must wear dobok trousers and a T or polo shirt.

Competitors NOT making the weight or correct height shall be removed from the sparring competition and the inscription fee shall not be refunded.

- **Umpire Meeting / time: 10-12am**
- **Official Opening Ceremony / time: 2pm**
- **Technical & Sparring Seminar / time: 3pm-6pm**
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- **Saturday May 27th, 2023- Talkatora Indoor Stadium**
 - **Competition – 1st part - time 9.30am-8pm**
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- **Sunday May 28th, 2023 - Talkatora Indoor Stadium**
 - **Competition – 2nd part – time 9.30am-8pm**

Promotor & Organize

Delhi Taekwon-Do Foundation in cooperation with ITF India - www.itfind.in

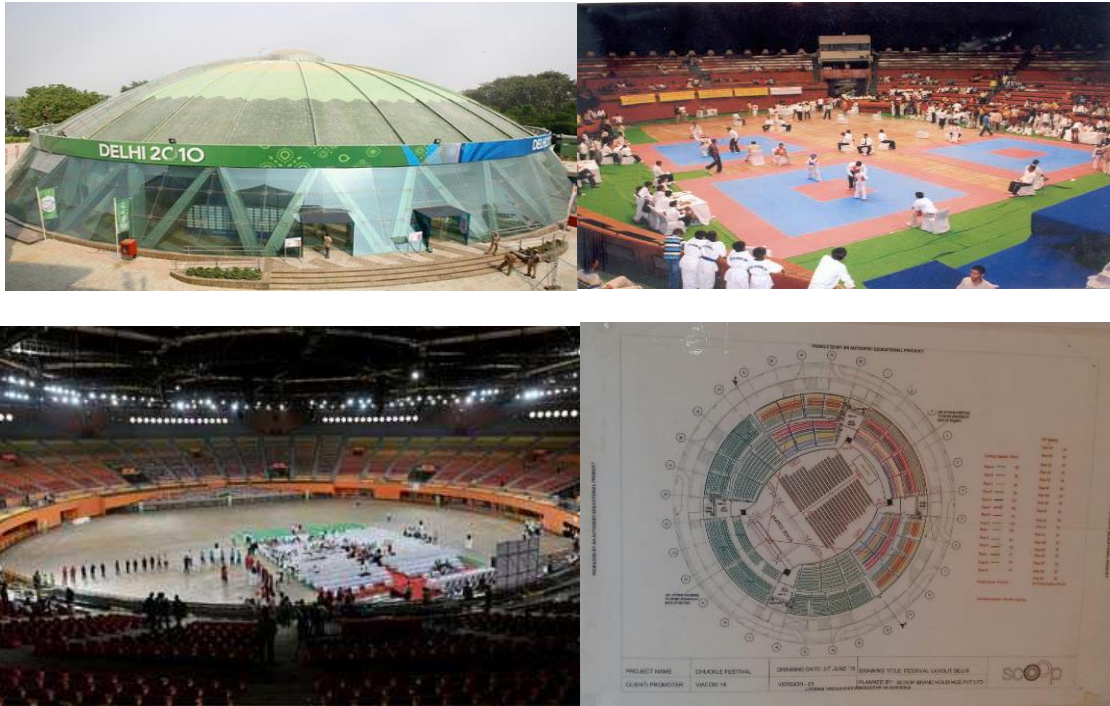
Place

The event will be held in the:

Talkatora Indoor Stadium, New Delhi, India

President's Estate, Talkatora Garden, President's Estate, New Delhi, Delhi 110004, India

The stadium is the most important in New Delhi with good facilities. The stadium has multiple facilities, which include acoustic ceiling of dome, scoreboard, video screens and sports lighting. Several environment-friendly material and energy-efficient devices have been used in this block to make it a green building.



Competition

Competitors must be in possession and accept the following to participate:

1. ITF dobok
2. ITF competition rules.
3. To accept that the organizers may modify a division and/or category based on the numbers of competitors.
4. Medals will be given to 1st, 2nd and two 3rd place winners.
5. For other matters the ITF competition rules will be observed.

Inscription



Inscription for this event must be done online through <http://www.sportdata.org/> opening of the web inscription on March 1st, 2023

- **Closing of the web inscription on May 22nd, 2023, at 11pm**

Payments

Payments of the competition inscription fee must be made at the registration/weigh in

on Friday May 26th, 2023, on arrival at the Talkatora Indoor Stadium

Fees

- Individual Competition Entry Fee: US \$ 100
- Team Pattern Competition Entry Fee: US \$ 50
- Team Sparring Competition Entry Fee: US \$ 50
- Seminar Fee: US \$ 20

Umpires

- Each participating club/country must provide an Umpire.
- Umpire outfit: dark blue or black pants, white shoes, white shoes, and blue tie.
- Umpires will receive a daily compensation
- Umpires must attend the Umpire Meeting

Coaches

Coaches' outfit: long trousers and shirt, sport shoes, towel.

Sparring Equipment

Competitors for sparring competition must have the following equipment:

- Hand and foot gear (color not important)
- Head gear (blue and/or red color depending on the draw)
- Transparent mouth guard.
- Groin guard (worn inside the dobok trousers).

Protest

The coach is the only one that might present a protest according to the ITF Tournament rules.

Protest fee: US \$ 100

Technical & Sparring Seminar

On Friday May 26th, 2023, from 3pm to 6pm a seminar will take place conducted by
GM Willem Jacob Bos IX Degree

Individual Competition

Divisions and Categories

Children (6-11 years)

Individual Pattern / Individual Sparring / Children

Pattern Divisions:

- **Chicks** 6-7 years (one pattern category mixed MALE /FEMALE)
- **Dragons** 8-9 years old (one pattern category mixed MALE/FEMALE)
- **Kids** 10-11 years old (one pattern category mixed MALE/FEMALE)

Yellow Belt & Green Belt	Competitor free choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitor free choice	from	Chon-Ji	to	Hwa-Rang

Individual Children Individual Continuous Sparring

In Individual sparring competition children will be divided by gender, age, belt, and height.
Children Sparring Divisions:

- **Chicks** 6-7 years - Male
- **Chicks** 6-7 years - Female
- **Dragons** 8-9 years old - Male
- **Dragons** 8-9- years old - Female
- **Kids** 10-11 years old – Male
- **Kids** 10-11 years old - Female

Groups:

- Group 1 yellow and green belts
- Group 2 blue, red and black belts

Height Class:

- **Chicks** (6-7 years) -125 cm / + 125 cm
- **Dragons** (8-9 years) -135 cm / + 135 cm
- **Kids** (10-11 years) -145 cm / + 145 cm

Duration of SPARRING round: 1 round of 1.30 minutes

Pre-Junior (12, 13 and 14 years)

Individual Pattern**Categories:**

- Male Pre-Junior - 12,13 and 14 years old
- Female Pre-Junior - 12,13 and 14 years old

Yellow Belt & Green Belt	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black Belts I-II degree	Umpire choice	from	Chon-Ji	to	Ge-Baek

Individual Sparring – Pre-Junior**Age Divisions:**

- Male Pre-Junior 12,13 and 14 years old
- Female Pre-Junior 12,13 and 14 years old

Group Division - Pre-Junior:

- Group 1: yellow and green belts
- Group 2: blue belts, red and black belts

Weight Class

- Male -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, -65kg, +60 kg
- Female -40 kg, -44 kg, -48 kg, -52 kg, -56 kg, -60 kg, +60 kg

Duration of SPARRING round(s)

- Group 1 - 1 round of 2 minutes
- Group 2 - 1 round of 2 minutes

Junior (15, 16 and 17 years old)

Individual Pattern

Categories:

- Male Junior - 15,16 and 17 years old
- Female Junior - 15, 16 and 17 years old

Yellow Belt & Green Belt	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black Belt I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black Belt II & III degree	Umpire choice	from	Chon-Ji	to	Ju-Che

Individual Sparring - Division Junior

- Group 1: yellow, green, and blue belts
- Group 2: red and black belts

Weight class

- Male -50 kg, -55 kg, -60 kg, -65 kg, -70 kg, -75 kg, +75 kg.
- Female -45 kg, -49 kg, -53 kg, -57 kg, -61 kg, -65 kg, +65 kg.

Duration of round(s)

- Group 1 – 1 round of 2 minutes
- Group 2 - 2 rounds of 2 minutes each.

Senior (18 years and above)

Individual Pattern

Categories:

- Male Senior
- Female Senior

Yellow Belt & Green Belt	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black Belt I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black Belt II degree	Umpire choice	from	Chon-Ji	to	Ju-Che

Black Belt III degree	Umpire choice	from	Chon-Ji	to	Choi-Yong
Black Belt IV-VI degree	Umpire choice	from	Chon-Ji	to	Moon-Moo

Individual Sparring - Division Senior

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class

- Male -57 kg, -63 kg, -69 kg, -75 kg, -81 kg, -87kg, +87 kg.
- Female -50 kg, -55 kg, -60 kg, -65 kg, -70 kg, -75 kg, +75 kg

Duration of round(s)

- Group 1 - 1 x 2 minutes
- Group 2 - 1 x 2 minutes
- Group 3 - 2 x 2 minutes

Team Competition

Pattern Team Divisions:

Group 1 - Children 6-11 years old - Mixed Team Male and/or Female

Group 2 – Pre-Junior 12-14 years old - Mixed Team Male and/or Female

Group 3 - Junior and/or Senior - Mixed Team Male and/or Female.

- Each team consists of 5 members.
- Any team pattern must be performed according to the lowest belt member.

Sparring Team Divisions:

Group 1 – Male Children 6-8 years old

Group 2 – Female Children 6-8 years old

Group 3 – Male Children 9-11 years old

Group 4 – Female Children 9-11 years old

Group 5 – Male Pre-Junior 12-14 years old

Group 6 – Female Pre-Junior 12-14 years old

Group 7 – Male Junior 15-17 years old

Group 8 – Female Junior 15-17 years old

Group 9 – Male Senior 18 years old and above

Group 10 Female Senior 18 years and above

- Each Team consists of 5 competitors.
- Teams are divided into A class – blue, red, and black belts
- Teams are divided into B class – yellow to green belts

Duration of round(s)

- 1 round x 2 minutes
- There must be at least two (2) teams in the division.
- In case of only one (1) team, they will be inserted in another category.

Attention please:

- participation is at your own risk. The organization is not responsible for any injury or other matter, which might happen during the event. We recommend that your competitors be in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.
- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be inserted in another category.
- Each bout consists of **one** pattern only.

Accommodation

Those in need of accommodation may contact the organizer

iitf@hotmail.com