

Course Instructor Grand Master Paul McPhail 9th Degree New Zealand





Exclusive ITF Taekwon-Do SPKK Level 1, 2 & 3 Course Instructor Grand Master Ung Kim Lan 9th Degree Germany Special Guest Grand Master Paul Weiler 9th Degree ITF President Germany

Special Guest Grand Master Michael Daher 9th Degree ITF Vice President Australia

# INTERNATIONAL INSTRUCTOR COURSE @ Grand Puteri Hotel, Kuala Terengganu, Malaysia 2nd - 4th September 2022

Hosted by: MALAYSIAN TAEKWON-DO FEDERATION

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KEJURULATINAN KEBANGSAAN



Dear Grand Masters, Masters, Instructors and Students,

It is with great pleasure and an honour to invite you to the **159<sup>th</sup> International** Instructor Course to be held in Kuala Terengganu, Malaysia.

The IIC will be held from Friday, 2 September to Sunday, 4 September 2022 and will be conducted by:

Grand Master Ung Kim Lan, 9<sup>th</sup> Degree – Germany (Course Instructor) Grand Master Paul McPhail, 9<sup>th</sup> Degree – New Zealand (Course Instructor) Grand Master Paul Weiler, 9<sup>th</sup> Degree – Germany (Special Guest) Grand Master Michael Daher, 9<sup>th</sup> Degree – Australia (Special Guest)

The venue and accommodation are at Grand Puteri Hotel, Kuala Terengganu. The event is organised on behalf of the **Malaysian Taekwon-Do Federation** (ITF).

If you require any assistance, please do not hesitate to get in touch.

Yours in Taekwon-Do

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Master Najmi Bin Abdullah VIII President Malaysian Taekwon-Do Federation (ITF)





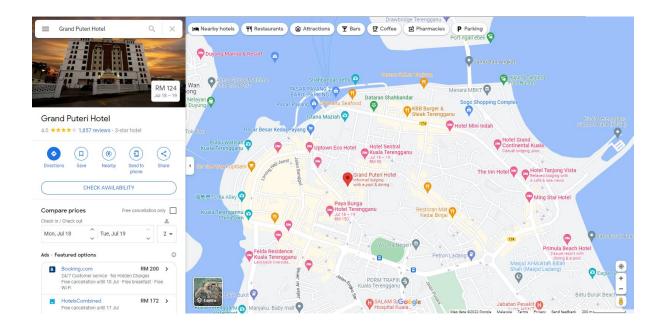


## LOCATION

The IIC will be held at Grand Puteri Hotel which is located in Kuala Terengganu.

# Address: Jalan Masjid Abidin, 20100 Kuala Terengganu, Terengganu

Link: https://goo.gl/maps/z1gub1kfVZ8v6LSe9







## REGISTRATION

Malaysia is open to international tourists. You no longer need to seek additional permission from the Malaysian Government to enter Malaysia.

Check pre-departure requirements on MySafe Travel.

Entry requirements vary according to your vaccination status. Vaccination status is defined at <u>MySafeTravel</u>.

If you're fully vaccinated against COVID-19 you don't need to have a pre-departure or on-arrival COVID-19 test. You also don't need to quarantine. If you're partially vaccinated or unvaccinated, you must take a supervised COVID-19 (RTK-AG) test within 24 hours of arrival. Also, you'll need to quarantine for five days. See further information on testing and entry requirements on MySafe Travel.

Entry requirements are changing regularly as COVID-19 restrictions continue to ease and Malaysia moves to an endemic phase. Entry requirements may change at short notice. Monitor the websites of the <u>Malaysian Department of Immigration</u>, <u>My Safe</u> <u>Travel</u> and the <u>Malaysian Ministry of Health</u>, as well as social media for any changes. Confirm entry requirements with the <u>Malaysian High Commission or Consulate-</u> <u>General in Australia</u> before travel.

As Malaysia moves to an endemic phase, the Malaysian Government intends to simplify COVID-19 restrictions. Until then you must follow the existing Standard Operating Procedures (SOP). The SOPs are available on the <u>Malaysian National</u> <u>Security Council website</u> (Malay) and the <u>MySejahtera app</u> (Malay).

Transit requirements are subject to change at short notice. Confirm with your airline that you're permitted to transit via Malaysia to your final destination.

Still current: 07 July 2022 Updated: 02 May 2022



### TRANSPORTATION

#### Air Travel

Kuala Terengganu is located on the opposite coast from Kuala Lumpur, which means a flight will be your best option for getting there quickly, and there are plenty of flights from Kuala Lumpur to Kuala Terengganu available, often at value fares.

There are three airports in and around Kuala Lumpur. Kuala Lumpur International Airport (KLIA) is the main airport where all international flights arrive at. Malaysia Airlines, Malindo Air, AirAsia, and Firefly offer flights to Kuala Terengganu departing from KUL. If you'll be departing from SZB, your options will be similar. However, AirAsia Kuala Lumpur to Kuala Terengganu flights isn't offered at SZB.

After your flight to Sultan Mahmud Airport (TGG/WMKN) Kuala Nerus, Terengganu, Malaysia, you'll still need to cover an additional 11.8 kilometres to reach the town. A taxi ride to or from the airport in Kuala Terengganu will cost you about RM 20.

#### **Road Transport**

Taking the KL to Terengganu bus is the best option if you want to avoid flying and travel overland, but in an easy, comfortable and direct way. Travelling on the bus to Kuala Terengganu is cheap and straightforward, and there are very regular departures to choose from when taking the bus from KL to Terengganu.

Multiple companies offer a bus from Kuala Lumpur to Kuala Terengganu, most of which will cost you around RM 46 to 50. The bus KL to Terengganu journey takes about 6 hours, and buses leave every 30 minutes to an hour throughout the day. The last night bus usually leaves between midnight and 12:30 a.m.

You can purchase a bus ticket from Kuala Lumpur to Kuala Terengganu online, at a ticketing kiosk, or by visiting the ticket counter at the Kuala Lumpur to Kuala Terengganu bus terminal.







## REGISTRATION

This IIC seminar is **open to all ITF practitioners** within & outside Malaysia and members from other ITF federations are welcomed. All application has to be done via the **National Association (NA) / Allied Association (AA)** of respective countries. All MTF members are required to apply/register via their respective **State Association (SA)**.

The following registration forms are to be submitted:

1. Participant Registration Form (MTF Member / Non-MTF Member)

		MALAYSIAN TAEKWON-DO GRAI FEDERATION	INTERNATIONAL INST ND PUTERI HOTEL, KUA 2-4 SEPTE			<b>Vit</b>	INTERNATIONAL Taekwon-do Federation
ASSOC/	CLUB				EMAIL:		
	CT PERSON:			PHONE	/WHATSAPP:		
			PARTICIP	ANT FORM			
No	ITF ID	First Name	Last Name	Birthdate	Grade	Current AKK	Amount (RM)
#	123456	John	Doe	1-Jan-2001	Gup 1	NA	900.00
1							-
2							-
3							
4							-
5							-
6							-
7							-
8							-
9							-
10							

#### 2. Accommodation Booking Form

	Ē ((((,)))) T	MALAYSIAN TAEKWON-DO GRAN FEDERATION		ND PUTERI HOTEL, KUALA TE	NTERNATIONAL INSTRUCTOR COURSE (IIC) PUTERI HOTEL, KUALA TERENGGANU, MALAYSIA 2-4 SEPTEMBER 2022		INTERNATIONAL Taekwon-do Federation	
ASSOCIA	TION/CLUB:					EMAIL		
CONTAG	T PERSON:					PHONE/WHATSAPP		
					ACCOMODATION BOO	KING FORM		
No	Arrival	Departure	Room Type	Meal	First Name, Surname (I)	First Name, Surname (II)	First Name, Surname (III)	Amount (RM)
#	01/09/2022	04/09/2022	Triple	Non-veg	John, Doe	Jane, Doe	David, Doe	1,170.00
1								-
2								-
3								-
4								-
4								

3. Banquet Reservation Form (if applicable)

			INTERNATIONAL INSTRUCT PUTERI HOTEL, KUALA TE 2-4 SEPTEMBER	RENGGANU, MALAY	YSIA 🚺	<b>lit</b>	INTERNATIONA TAEKWON-DO FEDERATION
SSOCIA	TION/CLUB:			EMAIL:			
	F PERSON:			PHONE:			
CONTRAC	TERSON.			THOME.			
			BANQUET RESERVAT	ION FORM			
No	ID / Passport	First Name	Last Name	Birthdate	Age	Meal	Amount (RM)
#	A123456	John	Doe	1-Jan-2001	21	Non-veg	75.00
1							-
2							-
3							-
4							-
5							-
6							-
7							-
8							-
9							-
10							-

Course onboarding will be held at Level 1, Grand Puteri Hotel on Thursday, 1 September 2022 from 18:00 to 20:00 and on Friday 2 September from 08:00 to 10.00.



# COURSE FEE

Due to venue capacity and to maintain the quality, the course participants are limited to the first 150 registrants only. Kindly submit your registration with full payment by **31<sup>st</sup> July 2022** to avoid disappointment and to enjoy a **RM 50/pax early bird discount**!

Euro Fees are for illustrative purposes only – all payments must be made in **MYR** only (RM – Ringgit Malaysia).

Grade	Tuition (€)	Organising (€)	Total (€)	Total (RM)
1st Gup – 3rd Dan	60.00	60.00	120.00	600.00
4th – 6th Dan	75.00	60.00	135.00	675.00
7th – 8th Dan	37.50	60.00	97.50	487.5
9th Dan	Exempted	60.00	60.00	300.00

#### **ITF Practitioners in Malaysia**

#### ITF Practitioners Outside Malaysia

Grade	Tuition* (€)	Organising (€)	Total (€)	Total (RM)
1st Gup – 3rd Dan	120.00	60.00	180.00	900.00
4th – 6th Dan	150.00	60.00	210.00	1,050.00
7th – 8th Dan	75.00	60.00	135.00	675.00
9th Dan	Exempted	60.00	60.00	300.00

\* The tuition fee for practitioners outside Malaysia is subject to reduction according to the economic status of respective countries as approved by the Federation. Kindly indicate your country in the Participant Form for the final course fee.

The final dateline to submit the Participant Form is 14<sup>th</sup> August 2022, along with accommodation booking & banquet reservation, subject to availability.



## ACCOMMODATION

To ensure a smooth seminar, all participants are **required to stay at the same venue** – Grand Puteri Hotel. **Meals are included** with the accommodation to facilitate timely itineraries. Kindly indicate **non-veg or vegan** meals in the accommodation form.

Due to the holiday season, the hotel is likely to experience high occupancy. While sufficient rooms have been reserved for the seminar, it is recommended to submit your booking by **31<sup>st</sup> July 2022** due to the high number of expected participants and limited rooms. The final dateline for room booking is 14<sup>th</sup> August 2022, subject to availability.

Туре	Single Suite (pax/night)	<b>Single</b> (pax/night)	<b>Double / Triple</b> (pax/night)
Price (MYR)	RM 388.00	RM 215.00	RM 130.00
Price (Euro)	€ 77.60	€ 43.00	€ 26.00

Date	Breakfast	Lunch	Tea Break	Dinner	Banquet***
1 Sep 2022*	-	-	-	Provided	-
2 Sep 2022	Provided	Provided	Provided	-	-
3 Sep 2022	Provided	Provided	Provided	-	RSVP
4 Sep 2022**	Provided	Provided	-	-	-

\* Check-in on 1 Sep is at 3 pm. \*\* Check-out is at 2 pm (after lunch). In the lobby.

\*\*\* Banquet dinner with the ITF delegates on 3rd September 2022 (Saturday night) is available at RM 75.00/pax (optional).



## BANQUET DINNER

The banquet will be held on the evening of **Saturday**, **3<sup>rd</sup> September 2022** in a banquet room at Grand Puteri Hotel and is an opportunity to meet and talk with the Masters and Grand Masters in a relaxed atmosphere.

The price will be **RM 75/pax** (€15/pax) and registration for the banquet should be made on the application form. The banquet will be catered for 50 participants and these will be allocated on a **first-come-first-served basis**. In the event of over-subscription, a waiting list will be created.

Please **dress appropriately and respectfully** in the presence of the Masters and Grand Masters (no jeans, t-shirts or trainers). A shirt and tie would be appreciated but smart casual dress at a minimum.

More information regarding the banquet will be made available on MTF's social media & messenger channels.





# ITINERARY

	Check-in	15:00	Lobby		
Thursday, 1 September	Onboarding	18:00 to 20:00	Level 1		
	Dinner	19:00 – 20:30	TBA		
	Breakfast	07:00 - 08:00	Puteri Coffee House		
	Registration	08:00 – 10.00	Level 1		
Friday, 2 September	Session 1	10:00 – 12.30	Level 1		
r nuay, 2 Geptember	Lunch	12:30 – 13:30	TBA		
	Session 2	13:30 – 16.30	Level 1		
	Tea Break	16:30 – 17:30	Level 1		
	Breakfast	07:00 - 08:30	Puteri Coffee House		
	Session 3	09:00 to 12.30	Level 1		
Saturday, 3 September	Lunch	12:30 to 1.30	TBA		
outurday, o ocptember	Session 3	13:30 to 16.30	Level 1		
	Tea Break	16:30 – 17:30	Level 1		
	Banquet Dinner	20:00	TBA		
	Breakfast	07:00 - 08:30	Puteri Coffee House		
	Degree Test	08:00 to 09.00	Level 1		
	Session 4	09:00 to 12.00	Level 1		
Sunday, 4 September	Lunch	12:00 – 13:00	TBA		
	Check out	13:00 - 14:00	Lobby		
	Photo Session	14:00 to 15.00	Level 1		
	Closing Ceremony	15:00	Level 1		









## NATIONAL COACHING CERTIFICATION SCHEME (SPKK)

Sports Specific Courses are under the national sports association. This Sports Specific Course is a complementary component to obtaining a full certificate of the **Skim Persijilan Kejurulatihan Kebangsaan (SPKK)** for every Malaysian who wants to become a qualified coach.

MTF is one of the national sports associations registered with the **National Coaching Academy (AKK)** and is proud to announce that the 159<sup>th</sup> IIC offers the following certification, exclusive to MTF coaches.

SPKK	Prerequisite	Grade
Level 1	Minimum 1 <sup>st</sup> Dan	Up to 3 <sup>rd</sup> Dan
Level 2	ITF Taekwon-Do SPKK Level 1	Up to 5 <sup>th</sup> Dan
Level 3	ITF Taekwon-Do SPKK Level 2	Up to 9 <sup>th</sup> Dan



MTF coaches who wish to obtain the SPKK certification have to indicate the to-beapplied SPKK level in the registration form and email the previous SPKK certificate (if applicable) to **iic2022@mytkd.org** email.



# **CONTENT & QUALIFICATION**

The IIC will include the following programme and/or qualifications:

- Patterns from Chon-Ji to Tong-II;
- Step sparring;
- Self-defence;
- ITF Instructor qualification, IV degree and above; and,
- Promotion tests up to VIII degree (with the prior approval of the individual's National Association/Allied Association and ITF, where necessary).



# DEGREE TESTING

All candidates for a degree test during the IIC should note the following:

- Send your thesis, CV, application form, and letter of NA/AA approval through your National/Allied Association to the ITF HQ at least three months before the promotion date.
- Express your intention to grade also to the IIC organizers by sending an email to <u>iic2022@mytkd.org</u>
- Pay the examiner grading fee in cash before the grading (please check with your NA/AA).
- Bring 5 wooden boards measured 30x30x2 cm (only up to 6th degree).
- No spectators are allowed during the degree promotion.
- The candidate may be accompanied by his/her instructor.



## PAYMENT

This is a cashless course – no cash payment will be accepted. All financial transactions will be online.

All payments are strictly **non-refundable but transferable**. Payment should be in **MYR (RM – Ringgit Malaysia)** and made to the following account:

#### **Domestic Transactions**

Account Holder	:	Persekutuan Taekwon-Do Malaysia (ITF)
Bank Name	:	RHB Islamic Bank Berhad
Account Number	:	26302400016709
Swift Code	:	RHBAMYKLXXX
Branch	:	Kemaman, Terengganu

Kindly indicate the following: Reference 1: IIC 2022 Reference 2: <State/Club/Country>

The transfer method must be done online via IBG or DuitNow for local payment or telegraphic transfer (TT) for international transfer. Avoid the cash deposit machine for local payments as the source of the fund is difficult to be verified.

Email the details of the transfer to iic2022@mytkd.org with the following details:

- Purpose of payment (Degree, IIC Fees, Social Event, Accommodation etc)
- Payment on behalf (list the name of individuals/spreadsheet form)

The dateline to make changes on the registration, booking or reservation is 21 August 2022. No amendment can be made on the quantity or type of rooms except name change.

Make sure to keep all transaction slips for future reference. You may be required to verify the transaction at a later date.



## **IIC PROTOCOL**



- Participants must wear a clean and ironed official ITF dobok at all times.
- Before each new session participants line up to welcome the instructors.
- After each session participants remain until the Instructors leave the venue.
- Participants must act according to the official ITF protocol.
- Participants standing at ease must assume a ready stance with their hands behind the back at all times.
- Participants sitting at ease must cross their legs at all times.
- Participants allowed to ask questions shall stand up at all times and assume a ready stance with their hands behind their backs.
- Participants before asking a question shall first announce their name and country.



#### **LOCATION & SURROUNDINGS**





#### **DRAW BRIDGE**

The first draw bridge in Southeast Asia – is 638 m long, and 16 stories high. Located about 3km from Grand Puteri.

#### **CRYSTAL MOSQUE**

A grand mosque made of steel, glass and crystal. Located at the Islamic Heritage Park on the island of Wan Man, 8km away from Grand Puteri.





#### **TERENGGANU STATE MUSEUM**

Largest museum in Southeast Asia, inspired by traditional houses showcasing Malaysian history. Located about 7km away from Grand Puteri.

#### CHINATOWN KUALA TERENGGANU

Located on City Road, formerly known as the Chinese Village Road. About 1km from Grand Puteri Hotel.



# FURTHER INFORMATION



Further Information on the ITF International Instructor Course can be found here <a href="https://itftkd.sport/courses/international-instructors-courses/">https://itftkd.sport/courses/international-instructors-courses/</a>

We look forward to welcoming you to Kuala Terengganu, Malaysia.

# MALAYSIAN TAEKWON-DO FEDERATION (ITF)

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Website	mytkd.org
Facebook	https://www.facebook.com/malaysiantkd
Instagram	https://www.instagram.com/malaysiantkd/





