



Invitation

November 10th, 2022

Dear ITF Members,

This is to invite you to the official ITF Continental

Asian Taekwon-Do ITF Championships 2022

which will be held in the **Talkatora Indoor Stadium, New Delhi, India on May 26-28, 2022**

Please receive all the necessary information to attend the event.

We are looking forward to meeting you in the beautiful city of New Delhi, India.

President of ITF India

Mr. Rakesh Verma

ITF India - iitf@hotmail.com

Tournament Director

GM Wim Bos IX Dan

according to the following daily program:

Wednesday May 25th, 2022 Arrivals at the Meeting Point



Vishwa Yvak Kenda

1, Teen Murti Marg, Tughlak Road Area, Delhi 110021/ VYK | Vishwa Yuvak Kendra (vykonline.org)

For:

- Registration control, Weigh in & Payments / time: 11am-5pm
 - Black Belt degree Promotion test / time: 3pm-5pm
- Official Umpire course directed by Master Gordon Wallace 8th degree / time: 5pm-7pm



Thursday May 26th, 2022 - Talkatora Indoor Stadium

- Official Opening Ceremony / 9am
- Technical Seminar Colored Belts / time: 9.30am-11am
- Technical Seminar Black Belts / time: 11am--1pm
 - **Competition – 1st part / 3pm-8pm**



- **Friday May 27th, 2022 from 9am-7pm - Talkatora Indoor Stadium**
 - **Competition – 2nd part**



- **Saturday May 28th, 2022 from 9am to 7pm - Talkatora Indoor Stadium**
 - **Competition – 3rd part**

Promotor

International Taekwon-Do Federation ITF  INTERNATIONAL
TAEKWON-DO
FEDERATION

Organizer

Delhi Taekwon-Do Foundation in cooperation with ITF India - www.itfind.in

Place

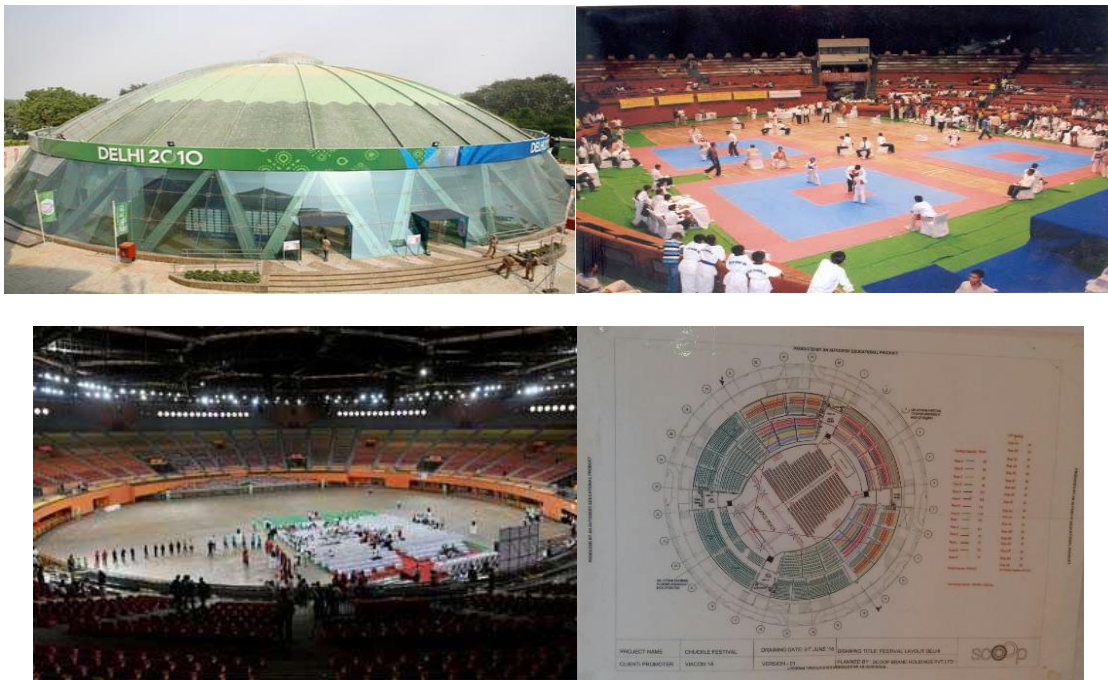
The event will be held in the:

Talkatora Indoor Stadium, New Delhi, India

President's Estate, Talkatora Garden, President's Estate, New Delhi, Delhi 110004, India

The stadium is the most important in New Delhi with good facilities. The stadium has multiple facilities, which include acoustic ceiling of dome, scoreboard, video screens and sports lighting. A number of environment-friendly material and energy-efficient devices have been used in this block to make it a green building.

Foto stadium



DAILY SEMINAR AND COMPETITION PROGRAM/SCHEDULE

Thursday May 26th, 2022 - Talkatora Indoor Stadium

8am	Opening of the Sports Hall - Talkatora Indoor Stadium
9am	Official Opening Ceremony
9.30am-11am	Colored Belt Seminar
11am-1pm	Black Belt seminar
2.30pm	Umpires getting ready- competition starts

COMPETITION

3pm – 7pm **1st part of COMPETITION**

Friday May 28th, 2022 - Talkatora Indoor Stadium

2nd part of COMPETITION

8am	Opening of the Sports Hall
8.30	Umpires and participants getting ready
9am	Competition starts
7pm	Competition ends

Saturday May 28th, 2022 - Talkatora Indoor Stadium

3rd part of COMPETITION

8am	Opening of the Sports Hall
8.30am	Umpires and participants getting ready
9am	Competition starts
7pm	Competition ends

Technical Seminar - Talkatora Indoor Stadium

Technical Seminar for only Colored Belts / Thursday May 26th at 9.30am-11am
Colored Belts participating actively at the seminar shall earn and receive a **double promotion**.

Technical Seminar for only Black Belts / Thursday May 26th at: 11am-1pm
Black Belts participating actively at the seminar shall have a **3-month discount** at their next degree promotion.

Competition

Competitors must be in possession and accept the following to participate:

1. ITF official dobok
2. ITF competition rules.
3. To accept that the organizers may modify a division and/or category based on the numbers of competitors.
4. Medals will be given to 1st, 2nd and two 3rd place winners.
5. For other matters the ITF competition rules will be observed.

Inscription



Inscription for this event must be done online through [ITF Online Database \(itftkd.sport\)](http://itftkd.sport)

- Opening of the web inscription on February 1st, 2022
- Closing of the web inscription on May 22nd, 2022 at 11pm

Payments

Payments of the seminar and/or competition inscription fee must be done in **cash** at the registration/weigh in.

- Seminar Entry Fee: US \$ 35
- Individual Competition Entry Fee: US \$ 100
- Team Competition Entry Fee: US \$ 100

Umpires

- Umpire outfit: dark blue or black pants, white shoes, white shoes, and blue tie.
- Umpires will receive a daily compensation
- Umpires must attend the Official Umpire course directed by Master Gordon Wallace 8th degree on Wednesday May 25th, 2022, at 5pm-7pm at Vishwa Yuvak Kendra 1, Teen Murti Marg, Tughlak Road Area, Delhi 110021/ VYK | (vykonline.org)

Coaches

Coaches' outfit: long trousers and shirt, sport shoes, towel.

Registration/Weigh In

The Weigh In and Height measuring and Payments will take place on **Wednesday May 25th, 2022 from 09am to 5pm** for all competitors at **Vishwa Yvak Kenda**, 1, Teen Murti Marg, Tughlak Road Area, Delhi 110021/ VYK | Vishwa Yuvak Kendra (vykonline.org)

At registration and weigh in **ALL** Competitors must wear dobok trousers and a T or polo shirt.

Competitors NOT making the weight or correct height shall be removed from the sparring competition and the inscription fee shall not be refunded.

Sparring Equipment

Competitors for sparring competition must have the following equipment:

- Hand and foot gear (color not important)
- Head gear (blue and/or red color depending on the draw)
- Transparent mouth guard
- Groin guard (worn inside the dobok trousers).

Protest

The coach is the only one that might present a protest according to the ITF Tournament rules.
Protest fee: US \$ 100

Competition - Divisions and Categories

Children (6-11 years)

Individual Pattern / Individual Sparring / Children

Pattern Divisions:

- **Chicks** 6-7 years (one category MALE /FEMALE)
- **Dragons** 8-9 years old (one category MALE/FEMALE)
- **Kids** 10-11 years old (one category MALE/FEMALE)

Yellow Belt & Green Belt	Competitor free choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitor free choice	from	Chon-Ji	to	Hwa-Rang

Individual Children Individual Continuous Sparring

In Individual sparring competition children will be divided by gender, age, belt, and height.
Children Sparring Divisions:

- **Chicks** 6-7 years - Male
- **Chicks** 6-7 years - Female
- **Dragons** 8-9 years old - Male
- **Dragons** 8-9- years old - Female
- **Kids** 10-11 years old – Male
- **Kids** 10-11 years old - Female

Groups:

- Group 1 yellow and green belts
- Group 2 blue, red and black belts

Height Class:

- **Chicks** (6-7 years) -125 cm / + 125 cm
- **Dragons** (8-9 years) -135 cm / + 135 cm
- **Kids** (10-11 years) -145 cm / + 145 cm

Duration of SPARRING round: 1 round of 1.30 minutes

Cadets (12, 13 and 14 years)

Individual Pattern

Categories:

- Male Cadets 12,13 and 14 years old
- Female Cadets 12,13 and 14 years old

Yellow Belt & Green Belt	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black Belts I-II degree	Umpire choice	from	Chon-Ji	to	Ge-Baek

Individual Sparring

Age Divisions:

- Male Cadets 12,13 and 14 years old
- Female Cadets 12,13 and 14 years old

Group Division Cadets:

- Group 1: yellow and green belts
- Group 2: blue belts, red and black belts

Weight Class

- Male -35 kg, -40 kg, -45 kg, -52 kg, -60 kg, +60 kg
- Female -30 kg, -35 kg, -40 kg, -45 kg, +45 kg

Duration of SPARRING round(s)

- Group 1 - 1 round of 2 minutes
- Group 2 - 1 round of 2 minutes

Team Pattern Competition Divisions/Categories

Team Pattern - 5 CHILDREN and/or CADETS AGED 6-14 years members per team

ATTENTION:

- There must be at least two (2) teams in the division.
- In case of only one (1) team, they will be inserted in another category.
- Male, Female, or mixed team members from yellow belt and above may compose any team.
- Any team pattern must be performed according to the lowest belt member.

Junior (15, 16 and 17 years old)

Attention please: Competitors born in the year 2005 are considered as JUNIORS!

Individual Pattern

Categories:

- Male Junior 15,16 and 17 years old
- Female Junior 15, 16 and 17 years old

Yellow Belt & Green Belt	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black Belt I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black Belt II & III degree	Umpire choice	from	Chon-Ji	to	Ju-Che

Individual Sparring - Division Junior

- Group 1: yellow, green and blue belts
- Group 2: red and black belts

Weight class

- Male -50 kg, -56 kg, -63 kg, -70 kg, +70 kg.
- Female – 45 kg, -50 kg, -55 kg +55 kg.

Duration of round(s)

- Group 1 – 1 round of 2 minutes
- Group 2 - 2 rounds of 2 minutes each.

Senior (18 years and above)

Individual Pattern

Categories:

- Male Senior
- Female Senior

Yellow Belt & Green Belt	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue Belt & Red Belt	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black Belt I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black Belt II degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Black Belt III degree	Umpire choice	from	Chon-Ji	to	Choi-Yong
Black Belt IV-VI degree	Umpire choice	from	Chon-Ji	to	Moon-Moo

Individual Sparring - Division Senior

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class

- Male -57 kg, -63 kg, -70 kg, -78 kg, -85 kg, +85 kg.
- Female -50 kg, -56 kg, -62 kg, +62 kg

Duration of round(s)

- Group 1 - 1 x 2 minutes
- Group 2 - 1 x 2 minutes
- Group 3 - 2 x 2 minutes

Team Pattern Competition Divisions/Categories

Team Pattern / 5 Team members consisting of JUNIOR AND SENIOR AGED 15 AND ABOVE

ATTENTION:

- There must be at least two (2) teams in the division.
- In case of only one (1) team, they will be inserted in another category.
- Male, Female, or mixed team members from yellow belt and above may compose any team.
- Any team pattern must be performed according to the lowest belt member.

Team Sparring Competition Divisions/Categories

Team Sparring / 5 Team members consisting of JUNIOR AND SENIOR AGED 15 AND ABOVE

Groups:

- A class – blue, red and black belts
- B class – yellow to green belts

Duration of round(s)

- 1 round x 2 minutes
- There must be at least two (2) teams in the division.
- In case of only one (1) team, they will be inserted in another category.

Attention please:

- participation is at your own risk. The organization is not responsible for any injury or other matter, which might happen during the event. We recommend that your competitors be in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.
- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be inserted in another category.
- Each bout consists of **one** pattern only.

Accommodation

Those in need of accommodation may contact the organizer

iitf@hotmail.com