



International Taekwon-Do Federation (ITF)

By Laws

ITF Umpire Rules - Rules and Regulations

Appendix 9 – Health and Safety

In force as of January 1st, 2016 (Amended MAR 10, 2016)
(Pages 1-2)



The following policies and procedures **MUST** be adhered to during the ITF World Cup and World Championships events. These procedures have been adopted in an effort to provide the best possible care and protection of all our members, coaches, competitors and officials; and as such, these procedures apply equally to all members, without exception.

1. MEDICAL EXAM GLOVES - COACHES

- a. All coaches **MUST** wear medical exam gloves on both hands at all times while at the ringside.
(Silicone, Nitrile, Neoprene, Latex¹, or other such medical gloves are permitted. These may be powder-free for those coaches/competitors with allergies).
- b. Coaches **MUST** supply their own gloves. Absolutely **NO GLOVES** will be supplied by the Tournament Host, Tournament Committee, or Medical team members.

2. MEDICAL EXAM GLOVES – UMPIRES (REFEREES & EQUIPMENT CHECK)

- a. Referees **MAY CHOOSE** to wear medical exam gloves on both hands while executing their duties in the ring or while at ringside.
(Silicone, Nitrile, Neoprene, Latex¹ or other such medical gloves are permitted. These may be powder-free for those officials with allergies).
- b. Equipment Check Umpires **MUST** wear medical exam gloves on both hands while executing their duties in the ring or while at ringside.
(Silicone, Nitrile, Neoprene, Latex¹ or other such medical gloves are permitted. These may be powder-free for those officials with allergies).
- c. The Tournament Host **must** supply appropriate gloves at each ring table for use by Officials. These gloves **MUST NOT** be given to, or provided for coaches at any time.

3. MEDICAL CARE AT RINGSIDE

- a. Only the ITF Approved Tournament Doctor(s) and/or their appointed medical staff are permitted at ringside and/or to attend to athletes while in competition or in the competition area.
- b. The ITF Approved Tournament Doctor(s) and/or their appointed medical staff will have final say regarding medical care, and/or any decisions pertaining to the continued participation of an athlete, while on the competition floor.
 - i. Any competitor or coach failing or refusing to abide by the ITF Approved Doctor's decisions regarding continuation will be immediately disqualified from the competition and removed from the competition area.
- c. Competitor/Team Doctors are permitted to care for competitors outside of the competition area only.



International Taekwon-Do Federation (ITF)

By Laws

ITF Umpire Rules - Rules and Regulations

Appendix 9 – Health and Safety

In force as of January 1st, 2016 (Amended MAR 10, 2016)
(Pages 1-2)



4. BODILY FLUIDS

- a. Anti-bacterial spray and disposable paper towels must be present at each ring for use in cleaning blood/bodily fluid. (Anti-bacterial wipes are not recommended as they may mistakenly be used on athletes.)
- b. Coaches are responsible for cleaning/disinfecting any of their competitors' blood/bodily fluid from the competition area, contaminated equipment, or any other item.
- c. The Centre Referee will direct coaches as to the need and appropriate time to enter the ring and clean/disinfect contaminated surfaces.
- d. Coaches must immediately comply with the Center Referee's directions regarding health and safety issues. Arguing, delaying or refusing to comply with these directions will result in the coach being immediately removed from their coaching position and the permanent revocation of their coaching credential.
- e. Umpires, Tournament Committee and Umpire Committee members are prohibited from cleaning bodily fluids at any time during the competition.

5. CONTAMINATED CLOTHING / EQUIPMENT

- a. Competitors with excessive blood/bodily fluids on their dress will be required to remove and replace the soiled items at the umpire's discretion. If directed to replace an item, competitor must complete the change within the allotted three (3) minute timeframe.
- b. Competitors with excessive blood/bodily fluids on their skin or safety equipment will be required to clean and disinfect the items at the umpire's discretion. If directed to replace an item, the competitor must complete the change within the allotted three (3) minute timeframe.
- c. Contaminated clothing and/or equipment must not be placed on the floor, coach's chair, competition area, or any other competition related area/surface.
- d. Contaminated items must be placed in a suitable plastic bag and sealed so as to minimize the potential of cross-contamination or transmission to other surfaces.
- e. Coaches **MUST** remove all contaminated items from the tournament site as soon as reasonably possible, and either decontaminate or dispose of these items appropriately.

Note: ¹ Latex Gloves: Extreme care and caution must be used by coaches choosing to wear Latex medical gloves as latex allergies are very common and can be very severe. Coaches must carefully consider their own personal health as well as that of each of their athletes and other persons with whom they may come into contact. In consideration of the potential for allergic reaction, Latex gloves are NOT RECOMMENDED.