



FEDERACIÓN ESPAÑOLA DE  
**TAEKWON-DO ITF**  
www.taekwondo-itf-spain.com



*INVITATION*  
**2<sup>nd</sup> International Competition Course**  
*Benidorm, Spain*  
*July 4<sup>th</sup> – 5<sup>th</sup>, 2015*

Dear Grand Masters, Masters, Instructors and students of Taekwon-Do.

We are pleased to invite you all to the 2nd International Competition Course in Benidorm, Spain.

**The ICC will be conducted by:**

Grand Master Wim Bos, Chairman of Competition Committee (Italy)  
Master Willy van de Mortel (Netherland)  
Master Jeruk Jedut (Poland)  
Mr. Tomaz Barada (Slovenia)

**Venue:** **NEW!!!!**

CD LOPE DE VEGA  
Avenida Doctor Severo Ochoa,9  
**Zona Rincón de Loix**  
03503 Benidorm - Alicante  
Phone: 965 85 41 50

**Schedule:**

**Friday July 3<sup>rd</sup>, 2015 (or before) - Arrivals**

Registration will be conducted on Saturday 4<sup>th</sup> of July at the venue ( CD LOPE DE VEGA ) from 09:00 – 09.30 Participants must be at least 14 years old and in possession of a red belt. Don't forget to register online at the ITF website through your National Association.



### **Saturday 4th of July 2015**

10.00-13.00 hrs. Seminar part 1  
13.00-14.00 hrs. Lunch  
16.00-19.00 hrs. Seminar part 2  
20.30 Banquet

### **Sunday 5th of July 2015**

09.30-10.00 all participants assemble in venue  
10.00-13.00 Seminar part 3  
13.00-14.30 Lunch  
15.00-18.00 Seminar part 4 including the Group photo and delivery of certificates

### **Banquet:**

On Saturday a banquet will be organised, costs are €25 euros, subscription is necessary.

### **Accommodation: NEW!!!**

The organization recommend you to book close to the CD LOPE DE VEGA, where there are several Hotels in Rincon de Loix area.

This are the nearest Hotels to the Venue:

Hotel Deloix Aquacenter \*\*\*\*\*  
Hotel Melia Benidorm \*\*\*\*\*  
Hotel Levante Club \*\*\*\*\*  
Hotel Flamingo Oasis \*\*\*\*\*  
Hotel Dynastic \*\*\*\*\*  
Hotel Regente \*\*\*

and many more as they all very close to the Venue and less than a 10 min walk from the venue and or beach.

<http://www.booking.com/district/es/benidorm/rincondeloix.es.html>

Also and many apartments also available, and good prices for groups.



In case that you need help for the accommodation please do not hesitate to contact the organization to [info@taekwondo-itf-spain.com](mailto:info@taekwondo-itf-spain.com)

Remember not wait until last moment. July is High season in Benidorm!!!

**Spectators:** No spectators are allowed during the ICC. Filming and/or photographs can be taken only if the ICC Committee approve.

### **ICC Program:**

The ICC consist of the following items:

- Pattern preparation and competition execution
- Practical Self-Defense
- Pad and shield training methods
- Sparring techniques and tactics
- Power breaking methods and practice
- Jumping technique methods and practice
- Stretching methods
- Coaching
- Physical preparation exercises

Participants must bring their own **safety equipment** (hand, foot, head guard and groin guard) **skipping rope** and one **small hand pad**.

**Certificate:** The ICC certificate of participation will be issued to those who completed the full course.

### **Fees and Payments:**

Participation Fee:	Read belts up to 6 <sup>th</sup> Degree: €170
	7 <sup>th</sup> Degree and above: €120
Banquet: € 25	



The participation fee should be paid before the 19<sup>th</sup> of June 2015 by bank transfer on the following account. Don't Forget to mention the name of the participant and ICC 2015.

**Bank:**

**Cuenta: 0081-0554-80-0001596961**

**IBAN / BIC: ES59 0081 0554 8000 0159 6961 / BSAB ESBB**

**Deadline:**

Please send the application form by the **19<sup>th</sup> of June 2015** to:

Mr Paco Ferrando [info@taekwondo-itf-spain.com](mailto:info@taekwondo-itf-spain.com)

Mr Vicente Ibañez [v.ibanez@taekwondo-itf-spain.com](mailto:v.ibanez@taekwondo-itf-spain.com)

**Contact:**

If you have any question please contact Paco Ferrando  
[info@taekwondo-itf-spain.com](mailto:info@taekwondo-itf-spain.com)

We hope to welcome you all in Benidorm, Spain.

Best Regards,

**Mr Francisco Ferrando**  
President FEST I.T.F Spain

**Mr José Luis Diego**  
Board Member FEST I.T.F Spain

**Mr.Vicente Ibañez**  
Secretary





FEDERACIÓN ESPAÑOLA DE  
**TAEKWON-DO ITF**  
www.taekwondo-itf-spain.com



INTERNATIONAL  
**TAEKWON-DO**  
FEDERATION

4<sup>TH</sup>-5<sup>TH</sup>  
JULY

**ITF**  
INTERNATIONAL  
COMPETITION COURSE

BENIDORM SPAIN  
WWW.ITF-ORG

Calle Mercado, 3 - Benidorm, 03501 (Alicante) - ESPAÑA - CIF Q5355608J  
Tel. /Fax 0034 96585 9885 e\_mail: info@taekwondo-itf-spain.com  
Federación Española de Taekwon-do ITF, Registro Nac. M.I.R. F-1592.