



By Martial Arts Elements | Taekwon-Do ITF & Kickboxing

Association Régionale de Taekwon-Do Montérégie inc. Est. 1987
Taekwon-Do Longueuil Club inc. (1991) | Taekwon-Do Brossard Club inc. (1988)
Founded 1987 by Grand Master Tran & Michel Morency, VI (Pioneer until 2004)
Montérégie region OF Québec (South shore of Montreal Island)
Principal Office: 260, rue de Gentilly Est, Longueuil, Québec, CA, J4H4A4

Dear Grand Masters, Masters, Instructors and Students,

This IIC will be dedicated to the memory of Grand Master Trân. *In 2020, on the 10th anniversary of his passing, the pandemic prevented us from honouring him properly. Now is the time and now will be the place to do it. Allowing us to share a special moment in his honor. One of these moments will be at the Saturday evening Banquet.*

So, on behalf of the CTFI “Canadian Taekwon-Do Federation International” and of our Association and Clubs, it is our deep pleasure to welcome all Taekwon-Do members, red belts Kup 2 & 1 as well as 1st to 9th Degree Black belts to the prestigious International Instructors Course (IIC) to be held and conducted at the Montreal Airport Marriott In-Terminal Hotel. The IIC will be held from Friday, December 2nd, to Sunday, December 4th, 2022, and will be conducted by members of the ITF Technical Committee:

- **Grand Master Hector Marano, IX** **Argentina, Chairman**
- **Grand Master Ung Kim Lan, IX** **Germany**
- **Grand Master Pierre Laquerre, IX** **Canada**

Special Guests:

- **Grand Master Clint Norman, IX** **Canada** President of the CTFI and Senior Vice-President of ITF
- **Dr. Janel Gauthier, VI** **Canada** Chairman of the Do & Ethics Committee

The IIC course will cover Chon-Ji to Tong-Il. The Grand Masters will help us expand our knowledge and standardize technique. Subjects covered such as: Patterns, Self-Defense, Step Sparring and Theory of Power.

There will be a special class for the Do, by Dr. Gauthier and Master Joliette Tran as speakers. Why the DO part is relevant to you? *Studying the Do is an essential component of learning Taekwon-Do. Without studying and promoting moral values, Taekwon-Do is merely a sport of combat, not a true martial art. Taekwon-Do should never be taught without teaching the way of life (i.e., the Do), which is the true nature and spirit of the martial arts.*

We recommend that you make BOTH your hotel booking and your IIC registration in advance so we can accommodate everyone wishing to attend. To help you stay focused on the IIC, meals service will be prepared for concerned participants and will follow the IIC training blocs. We encourage you to purchase the breakfast and lunch package in advance. Service will be in an adjacent room next to the main Dojang.

Finally, we encourage everyone to take advantage of the discounted room rates where the IIC will be held at the Montreal Airport Marriott In-Terminal Hotel.

Respectfully,

Jean-François Filion
C-5-157, Chairman

Charles Boivin
C-4-347, Co-Host

Simon Tremblay
C-3-746, Co-Host

Margaret Vadnais
A-3-1310, Co-Host

Aymane Alilou
C-3-769, Co-host

The Technical Committee of

Martial Arts Elements for Association régionale de Taekwon-Do Montérégie inc. est. 1987

IIC @ Yul | Course Fees:

- 1st - 3rd Degree: **US \$150** IIC Participation Fee + **CA\$100** Organization Fee
- 4th - 6th Degree: **US \$200** IIC Participation Fee + **CA\$100** Organization Fee
- 7th - 8th Degree: **US \$100** IIC Participation Fee + **CA\$100** Organization Fee
- 9th Degree: **Free for Grand Masters**

The IIC will be held at the Montreal Airport Marriott In-Terminal Hotel, 800 Pl Leigh-Capreol, Montreal, Qc, Canada, H4Y 0A4. On Saturday evening we will have a banquet for everyone to enjoy the company of the Grand Masters, Masters, and all the TKD students and highlight the memory of Grand Master Trân.

IIC @ Yul | Seminar Schedule:

Friday, December 2nd

11:00 Check-In
13:45 Line-up Opal room
14:00-18:00, bloc 1

Saturday, December 3rd

8:45 Line-up Opal room
9:00-13:00, bloc 2
13:00-14:00 Lunch Break
14:00-16:00, bloc 3
19:00 Banquet Opal room

Sunday, December 4th

8:30 Black Belt Testing
8:30-13:30, bloc 4



IIC @ Yul | ETIQUETTE DURING THE IIC

- All participants shall wear a clean and always ironed official ITF dobok.
- Before each new session participants will line up to welcome the Grand Masters
- Participants arriving late to any session will have to wait until the first break to join the session
- After each session participants remain until the Grand Masters leave the venue.
- Participants must act according to the official ITF Protocol
- Participants standing at ease must always assume a ready stance with their hands behind their back.
- Participants sitting on the floor at ease must always cross their legs.
- Participants are allowed to ask questions; the student shall stand and assume ready stance with their hands behind their back.

IIC @ Yul | REGISTRATION INFORMATION

Spots are really limited.

All Participants must complete the registration online at:

<https://www.amilia.com/store/fr/artm/shop/programs/73021>

All Participants must complete banquet, meals packages, wood breaking boards and/or t-shirt at:

<https://www.amilia.com/store/fr/artm/shop/products>

- Payment Methods for registering to the event can be paid by major credit cards, electronic bank payment, checks (postdated checks accepted) and Interac transfer. All payments are to be received by the latest by September 30th, 2022.
- Purchase of a Lunches & Breakfasts Meal Packages is highly recommended (both for Saturday & Sunday). In purchasing in advance, concerned participants will be provided their meals in a separate room following the exact blocs of the IIC schedule (no waiting line at hotel bijou restaurant or Illy bistro café).
- A service charge of 4% + 0,50\$ per transaction is added to process all monies relating to participants registration, choices of meals, Saturday Banquet, official t-shirts (Short Sleeves, Long Sleeves) as well as for the wood breaking boards, etc.
- Payment option of installments is available upon registration: payment of 50% of the cost and the remaining is divided in 4 monthly installments. This option is possible only via credit card or an automatic payment from a bank account setup into the participant profile.

Check to:

A.R.T.M. inc.

Mailing address:

A.R.T.M. inc.

260, rue de Gentilly Est, CP 11

Longueuil, Qc, Canada, J4H4A4

Interac transfer to: artm@e-ma.ca

Password: ELEMENTS

IIC @ Yul | Participants wishing to test for promotion must:

- For masters' candidates, send the application and thesis through National/Allied Association at least three (3) months with a copy to the Chairman of the Instructions and Technical committee of the ITF before the promotion date to the ITF Administration HQ.
- For other candidates, send the application through the National/Allied Association at least one (1) month before the promotion date to the ITF Administration HQ.
- Purchase of breaking wood board from host at: <https://www.amilia.com/store/fr/artm/shop/products/2038039> OR
- Bring 5 wooden boards measured 30x30x2 cm. (please request with the link provided and purchase in advance).
- Pay their ITF degree certificate and grading fee the day prior to the grading to host.
- Test for degree promotion will be on Sunday Morning, at 8:30 am.
- No spectators are allowed during the degree promotion.
- His or Her Instructor may accompany the candidate.

IIC @ Yul | [HOTEL](#)

Please make sure to book your room in advance due to limited availability. We would like to make sure everyone is in the same hotel.

[Book your group rate for Association Regionale De Taekwon Do IIC International Instructor Course](#)
Rate is good until August 31st, 2022

- Address: Montreal Airport Marriott In-Terminal Hotel, 800 Pl Leigh-Capreol, Montreal, Qc, H4Y 0A4
- Reservation Phone (please specify you are part of the International Instructors Course):
 - Phone: 1 514-636-6700
 - Toll-Free Reservation Center: 1 877-231-0748
 - International Marriott reservations in Canada: 1 888 236 2427
- Reservation: ASAP
- Hotel Room Rates: \$189.00 per night (plus taxes) Single/Double, no quadruple

IIC @ Yul | MANDATORY | [SATURDAY BANQUET, 3 courses dinner](#)

We have a limited number of seats for the banquet on Saturday evening. To confirm your opportunity to attend and enjoy an evening with the Grand Masters, Masters, and friends, we ask that you submit your banquet request as soon as possible.

*Romaine and Kale lettuce, Asiago shavings, crispy capers, prosciutto chips, Caesar dressing OR
Vegetarian/ Vegan/ Gluten free option*

AND

*AAA Angus sirloin, creamy potatoes, king mushrooms & red wine sauce OR
Lightly seared Atlantic salmon, quinoa couscous, candied cherry tomatoes & italian parsley OR
Vegetarian/ Vegan/ Gluten free option*

AND

Dessert, coffee, tea

Fees include: - TIPS (17%), - Goods & Services tax GST/TPS (5%) - Provincial sales tax TVQ (9,975%)

- Cash bar
- Participation: Mandatory (request absentee from your instructor for approval)
- Dress Code: Formal

IIC @ Yul | RECOMMENDED

[Breakfast and lunch packages](#)

[HEALTHY breakfasts](#)

Orange and grapefruit juice
Morning mini smoothie
Greek yogurt parfaits
Local cheeses
Fresh sliced fruits
Assorted overnight oats
two (2) types - Sliced healthy breads
Assorted jams

[2 COLD EXPRESS PLATTERS](#)

One salad option
One starter option
One sandwich option

Fees include:

TIPS (17%)

Goods & Services tax GST (5%)

Provincial sales tax (9,975%)

We encourage you to purchase the breakfast and lunch meals in advance for both Saturday and Sunday. Service will be in an adjacent room next to the main Dojang just for IIC participant and technical committee. Other restaurants and commodities are not close by and may take a few minutes to get to. It is a Hotel in the Montreal airport terminal. The hotel restaurant and Illy café are 1st come; 1st serve for all patrons of the Hotel. You do not want to wait in line at those. No food from outside is allowed in the main areas of the Hotel: lobby, foyer and training space.

IIC @ Yul | OPTIONNAL | [Friday night supper, 3 courses dinner](#)

*Creamy leek and sweet potato, crispy candied duck soup OR
Vegetarian/ Vegan/ Gluten free option*

AND

*AAA Angus sirloin, creamy potatoes, king mushrooms & red wine sauce OR
Oven roasted chicken supreme, mini winter vegetables & rosemary veal juice OR*

Vegetarian/ Vegan/ Gluten free option

AND

Dessert, coffee, tea

Fees include: - TIPS (17%), - Goods & Services tax GST/TPS (5%) - Provincial sales tax TVQ (9,975%)

IIC @ Yul | PARKING

- <https://www.admtl.com/en/access/parking>
- On-site parking, fee: 30 CAD daily
- Valet parking, fee: 37 CAD daily
- Off-site parking, fee: 27 CAD daily
- Underground parking located directly below hotel

<https://elements-ma.ca/yul-iic>